



# **RISKS STRATEGIES AND MANAGEMENT OF ANESTHETIC AND OBSTETRIC RELATED COMPLICATIONS**

**NATTHAPHONG PHUVACHOTEROJANAPHOKIN MD.**

**CARDIOVASCULAR THORACIC ANESTHESIOLOGIST**

**DEPARTMENT OF ANESTHESIA AND OPERATING ROOMS**

**PHRAMONGKUTKLAO HOSPITAL**

**TABLE 22-1** Leading Causes of Maternal Death

Cause of Death	Number	(%)
Complications of preeclampsia	15	(16)
Amniotic fluid embolism	13	(14)
Obstetric hemorrhage	11	(12)
Cardiac disease	10	(11)
Pulmonary thromboembolism	9	(9)
Obstetric infection	7	(7)

Adapted from: Clark SL, Belfort MA, Dildy GA, et al. Maternal death in the 21st century: causes, prevention, and relationship to cesarean delivery. *Am J Obstet Gynecol* 2008;199(1):36.e1–36.e5; discussion 91–92.e7–e11.

# OUTLINE

- **Amniotic Fluid Embolism**
- **Venous embolism**
- **Difficult and failed intubation**
- **Pulmonary aspiration**

The background is a blue gradient. In the corners, there are white line-art patterns resembling electronic circuit boards or neural networks, with lines and small circles.

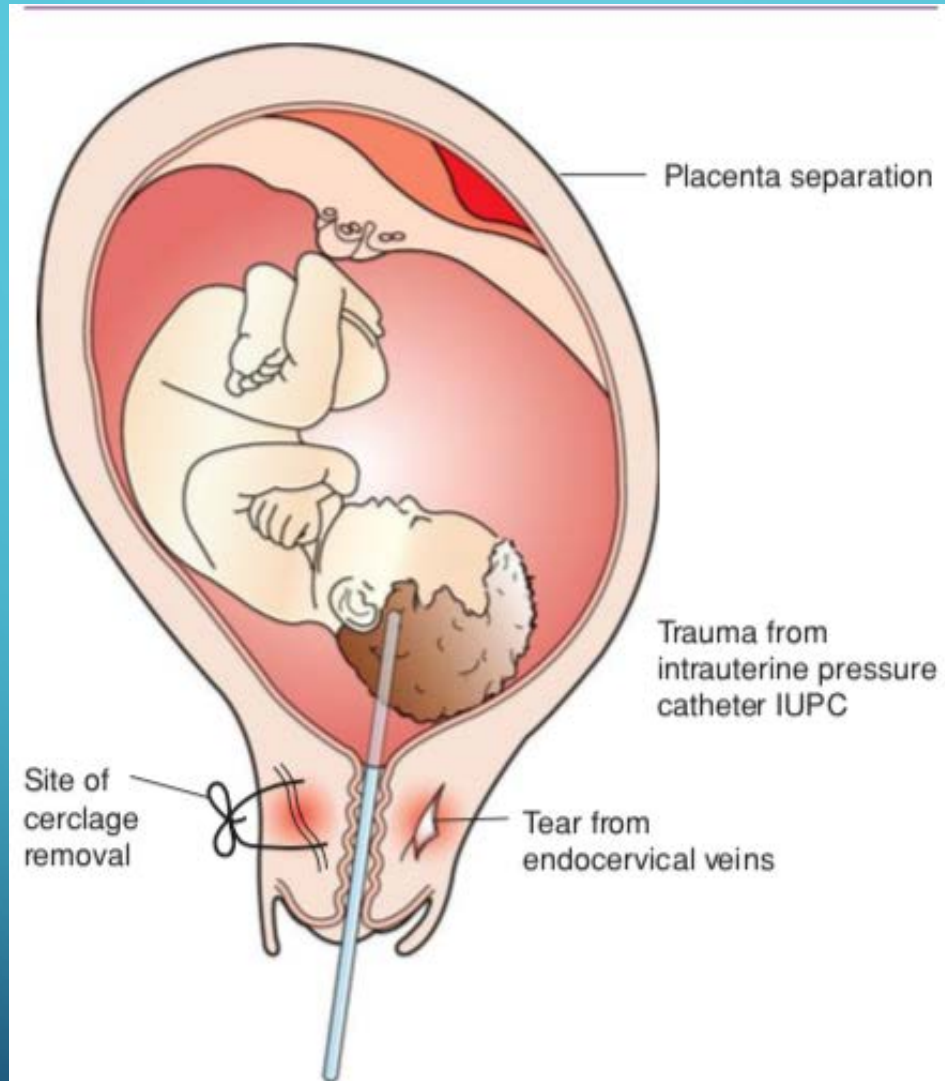
# AMNIOTIC FLUID EMBOLISM

**TABLE 22-2** Amniotic Fluid Embolism National and UK Registries' Entry Criteria

Acute hypoxia
Acute hypotension/cardiac arrest
Coagulopathy
Onset of symptoms During labor Cesarean delivery Dilation and evacuation Within 30 min postpartum
Other possible diagnosis have been excluded
Occurrence within 5 yr of registry opening

Adapted from: Clark SL, Hankins GVD, Dudley DA, et al. Amniotic fluid embolism: analysis of the national registry. *Am J Obstet Gynecol* 1995;172(4 Pt 1):1158–1167; discussion 1167–1169.

# ETIOLOGY



**FIGURE 22-1** Possible sites of AFE into the maternal circulation.



# RISK FACTORS

**TABLE 22-3** Demographic Characteristics of Patients with Amniotic Fluid Embolism

Factor	Mean (+/–SD)
Maternal age	27 (+/–9)
Gravidity	3 (+/–2)
Parity	2 (+/–2)
Maternal weight (kg)	73 (+/–11)
Gestational age (wk)	39 (+/–2)
Birth weight (g)	3519 (+/–732)
Race	Number of patients (%)
White	29 (63)
Hispanic	8 (17)
Black	7 (15)
Asian	2 (4)
Male fetus	35/37 (67)
Twin gestation	1 (2)
Prior elective abortion	9 (20)
Prior spontaneous abortion	8 (17)
History of drug allergy or atopy	19 (41)

Adapted from Clark SL, Hankins GVD, Dudley DA, et al. Amniotic fluid embolism: analysis of the national registry. *Am J Obstet Gynecol* 1995;172(4 Pt 1):1158–1167; discussion 1167–1169.

## **RISK FACTORS**

- **Advanced Maternal Age and Multiple Pregnancies**
- **Amnioinfusion and Insertion of Intrauterine Pressure Catheter**



## **RISK FACTORS**

- **AMNIOTOMY AND AMNIOCENTESIS**
- **ATOPY AND MALE FETUS**
- **BLUNT ABDOMINAL TRAUMA**
  - **Cervical Suture Removal**
- **CESAREAN DELIVERY**
- **EPIDURAL AND SPINAL BLOCKADE**

# RISK FACTORS

- **Fetal Demise and Second Trimester Abortion**
- **Induction of Labor**
- **Multiple Gestations**
- **Meconium Staining of Amniotic Fluid**
- **Preeclampsia, Placental Abruptio, and Placenta Previa**
- **Ruptured Membranes**
- **Uterine Rupture**

# CLINICAL PRESENTATION

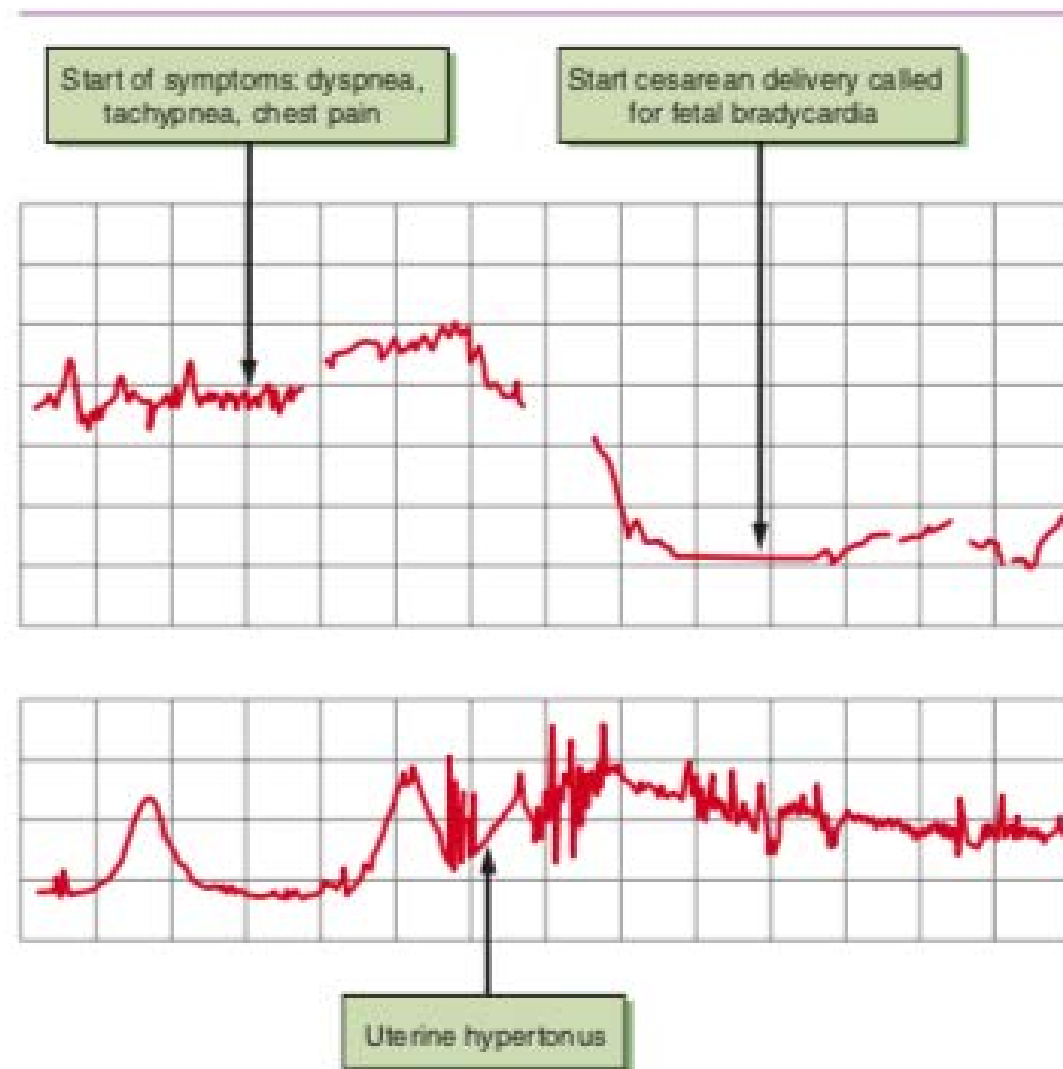
- Pulmonary
- Cardiac
- Coagulopathy
- Neurologic
- Fetal

**TABLE 22-4** Comparative Table of Signs and Symptoms of Amniotic Fluid Embolism

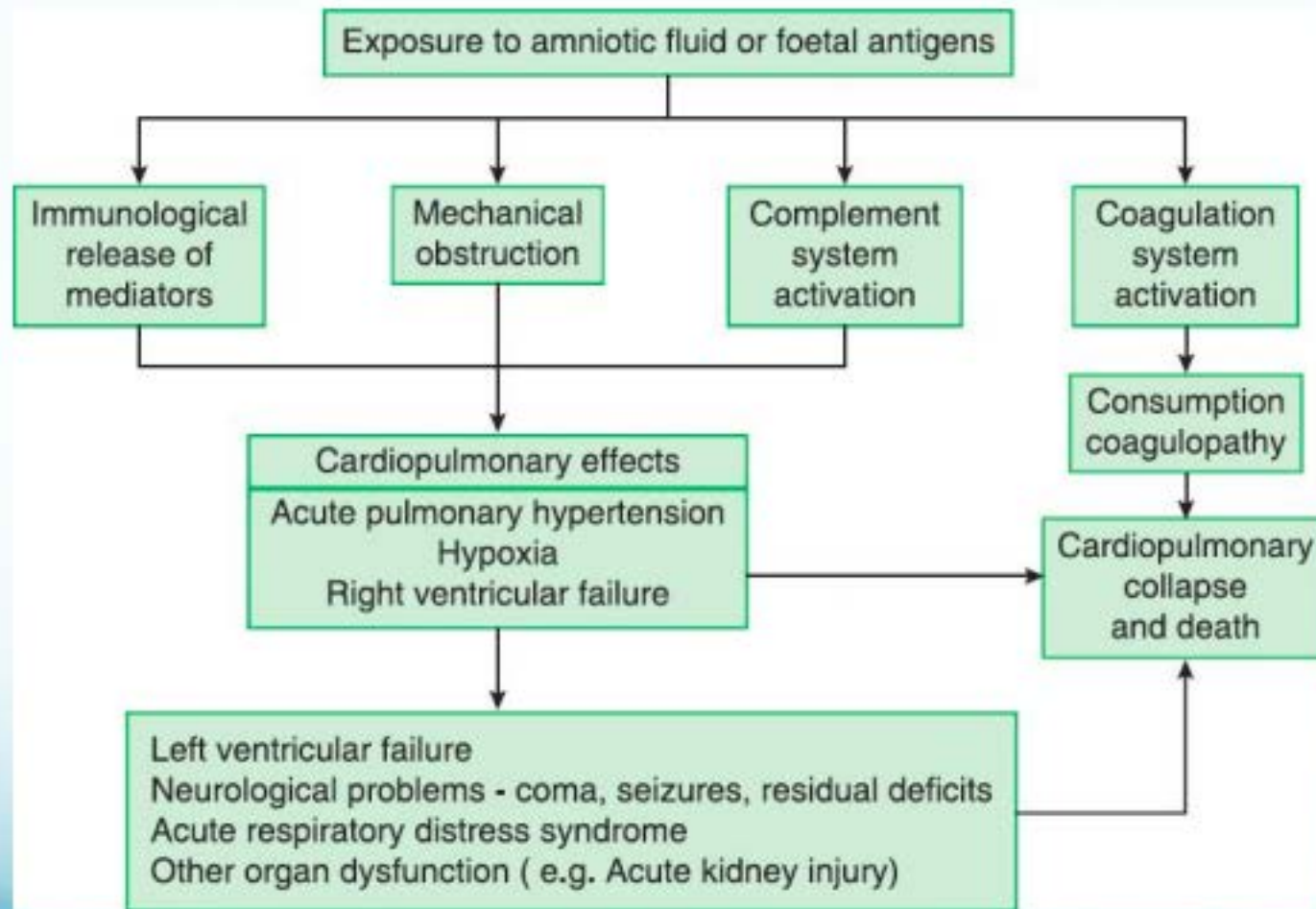
Signs and Symptoms	Knight Number of Patients (%)	Morgan Numbers of Patients (%)	Clark Number of Patients (%)
Maternal premonitory symptoms	28 (47)		
<b>Respiratory</b>		(51)	
Pulmonary edema/ARDS		65 (24)	28 (93)
Cyanosis			38 (83)
Dyspnea	37 (62)		22 (49)
Bronchospasm			7 (15)
Cough			3 (7)
<b>Cardiac</b>			
Hypotension	38 (63)	(27)	43 (100)
Cardiopulmonary arrest	24 (43)		40 (87)
Dysrhythmias	16 (27)		
<b>Other</b>			
Coagulopathy	37 (62)	(12)	38 (83)
Hemorrhage	39/60 (65)		11 (23)
Seizures	9 (15)	(10)	22 (48)
<b>Fetal</b>			
Fetal bradycardia	26 (43)		30 (100)

Adapted from: Knight M, Tuffnell D, Brocklehurst P, et al. UK Obstetric Surveillance System. Incidence and risk factors for amniotic-fluid embolism. *Obstet Gynecol* 2010;115(5):910–917.

**FIGURE 22-2** Fetal heart rate tracing in a patient with amniotic fluid embolism with clinical presentation and symptoms occurring during labor requiring aggressive resuscitation for shock and DIC.



# PATHOPHYSIOLOGY







# DIAGNOSIS

- **Nonspecific and Specific Laboratory Tests**
  - **Transesophageal Echocardiography**
- 
- 
- 



# NONSPECIFIC AND SPECIFIC LABORATORY TESTS

**TABLE 22-6** Nonspecific and Specific Laboratory Tests

Nonspecific
ECG
Tachycardia
Dysrhythmias
Ischemia
CBC
Decreased hemoglobin and hematocrit
Coagulation profile
Prolonged PT and PTT
Decreased fibrinogen
CHEST X-RAY
Pulmonary edema
ARDS
ABG
Respiratory acidosis
Hypoxemia
Intrapulmonary shunting
ECHOCARDIOGRAPHY
Acute left heart failure
V/Q scan
Pulmonary angiogram or spiral CT scan
Specific Biochemical Markers
Maternal zinc coproporphyrin, a component of meconium
Serum tryptase (normal <1 ng/mL)
Histologic examination: Squamous cells in the cervix, lungs, and other organs
A sensitive antimucin monoclonal antibody, TKH-2, immune-staining test detects AFE, by reacting with meconium and mucin-type glycoprotein, Sialyl Tn antigen, derived from AF, to stain the lung tissue
Identify amniotic debris in pulmonary edema fluid

# DIFFERENTIAL DIAGNOSIS

**TABLE 22-7** Differential Diagnosis of Amniotic Fluid Embolism

Obstetric Causes

Peripartum cardiomyopathy

Eclampsia

Placental abruption

Intrauterine infection or septic shock

Ruptured uterus

Postpartum hemorrhage

Anesthetic complications

Total spinal or high epidural block

Local anesthetic toxicity

Pulmonary aspiration

Medication error

Nonobstetric causes

Pulmonary thromboembolism

Air embolism

Acute myocardial infarction

Aortic dissection

Adverse drug reaction or anaphylactic reaction

Seizure

Cerebral hemorrhage or cerebrovascular accident

# CLINICAL

- **Anaphylactic Response During Pregnancy**
- **Immunologic Response**
- **Anaphylactoid Syndrome During Pregnancy**
- **Arterial Blood Gases**
- **CBC with Platelets**
- **Prothrombin Time, Partial Thromboplastin, Fibrinogen**
- **Thromboelastography**

# CLINICAL

- **Chest X-ray**
- **12-lead ECG**
- **Monitoring**
- **Initial Cardiopulmonary Resuscitation**
- **Management**

# ANESTHETIC CONSIDERATIONS

- **Oxygenation and Ventilatory Support**
- **Cardiovascular Support and Resuscitation**
- **Restore Uterine Tone**
- **Correction of Coagulopathy**
- **Obstetric and Surgical Control Hemorrhage**
- **Managing an in situ Epidural Catheter**
- **Newer Strategies in the Management of AFE**

# MATERNAL AND FETAL OUTCOMES

- **Can Outcomes be Predicted and Affected?**
- **Use of Hypothermia**
- **Fetal Outcomes**



# VENOUS EMBOLISM

**TABLE 23-1** Leading Causes of Maternal Death

Cause of Death	Number	%
Complications of preeclampsia	15	16
Amniotic fluid embolism	13	14
Obstetric hemorrhage	11	12
Cardiac disease	10	11
Pulmonary thromboembolism	9	9
Obstetric infection	7	7

Adapted from: Clark SL, Belfort MA, Dildy GA, et al. Maternal death in the 21<sup>st</sup> century. Causes, prevention, and relationship to cesarean delivery. *Am J Obstet Gynecol* 2008;199(1):36.e1–e5.

**TABLE 23-3** Risk Factors for Venous Thromboembolism During Pregnancy

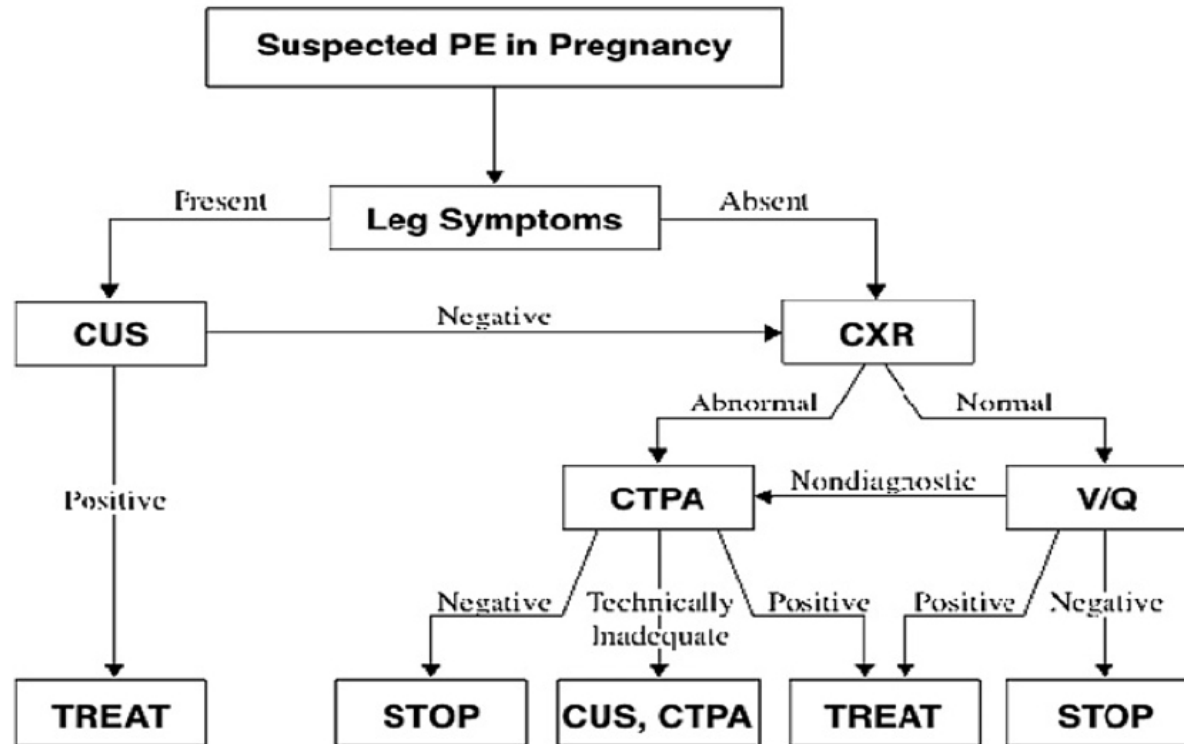
History of Previous VTE	Venous Stasis Disease
Family history of VTE	Surgery
Pregnancy and postpartum	Oral contraceptives
Prolonged bed rest or immobility	Smoking
Age greater than 35–40 yrs	Inflammatory bowel disease
Obesity	Indwelling central venous catheters
Trauma	Malignancy
Multiparity	Multiple gestation
Postcesarean hysterectomy	Inherited or acquired thrombophilias
Presence of antiphospholipid antibodies	

# COMPLICATIONS OF VTE

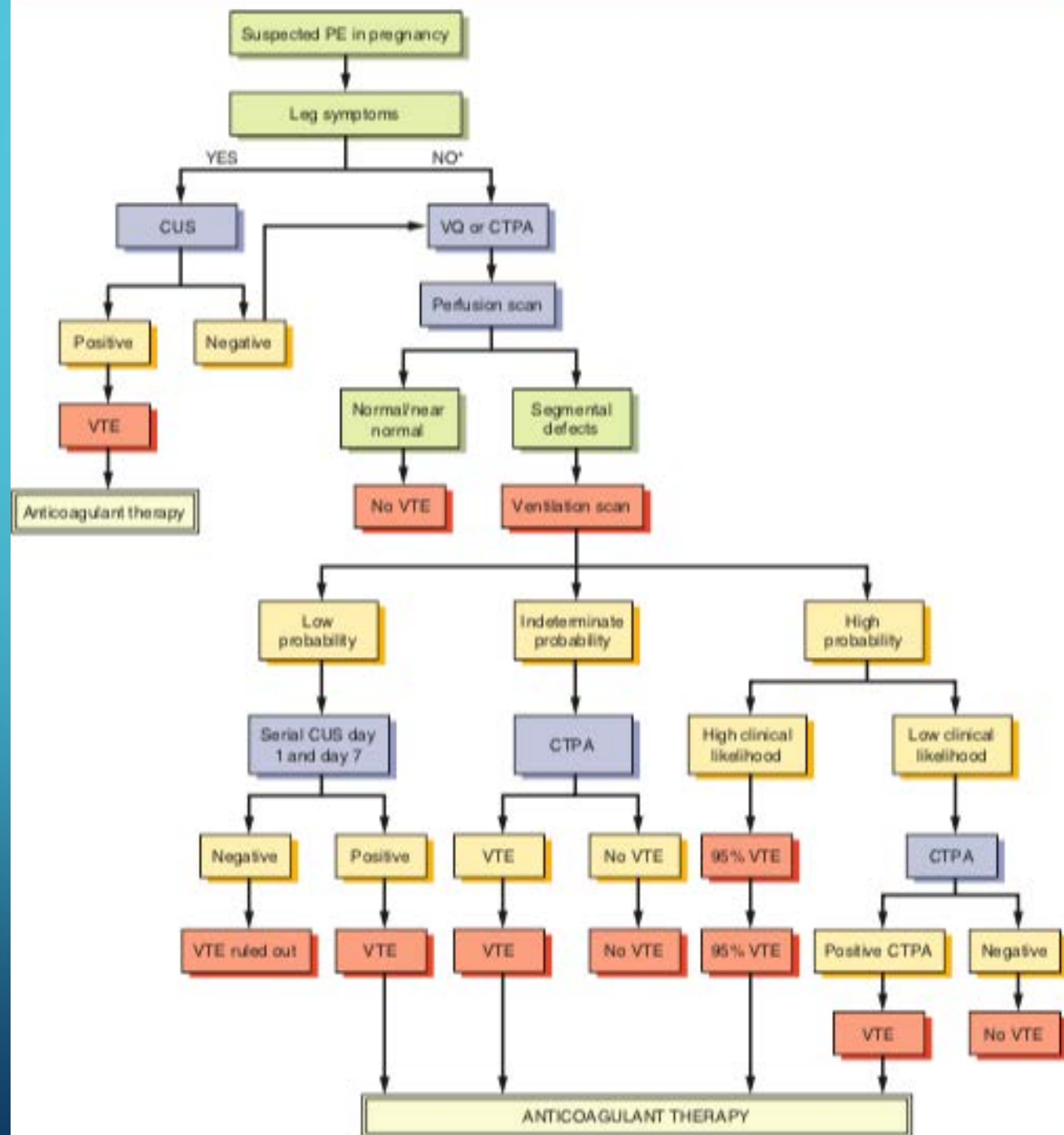
- **Venous insufficiency**
- **Right-sided heart failure**
- **Post-thrombotic syndrome**
- **Pulmonary hypertension**

# DIAGNOSIS OF DVT AND PE

## Diagnostic algorithm for suspected PE in pregnancy\*



*\*If PE is suspected and CUS and V/Q scanning services are not readily available, proceed immediately to CTPA to avoid a potentially lethal delay in treatment.*





# MANAGEMENT AND TREATMENT OF DVT/PE

- Heparin
- Low–molecular-weight Heparin
- Warfarin
- Aspirin
- Fondaparinux
- Thienopyridines
- Other options include thrombolysis, embolectomy, and IVC filters

**TABLE 23-5 Pharmacology of Anticoagulant Drugs**

Drug	Mode of Action	Route of Administration	Onset of Action	Elimination Half-Life
Unfractionated heparin	Bind ATIII	SC; IV	Within 2 h (SC); immediate (IV)	30, 60, 150 min (25 IU/kg, 100 IU/kg, 400 IU/kg)
LMWH	Bind ATIII	SC	±3–4 h	3–6 h; dose independent; prolonged in renal failure
Fondaparinux	Selective inhibition of factor Xa	SC	Within 2 h	17 h
Aspirin	Irreversible inhibition of COX-1	Oral	Within 5 h	7.5 h (of main metabolite)
Ticlopidine	Inhibit ADP-induced platelet aggregation	Oral	1–8 h	20–50 h
Warfarin	Inhibit $\gamma$ -carboxylation of factors II, VII, IX, X	Oral	Within 90 min	36–42 h

A summary of pharmacologic data (based on non-obstetric patients) for unfractionated heparin, LMWH, Fondaparinux, aspirin, clopidogrel, ticlopidine, and warfarin.

AT, antithrombin; COX, cyclooxygenase; IV, intravenous; IU, international units; LMWH, low-molecular-weight heparin; SC, subcutaneous.

Reprinted by permission from: Butwick AJ, Carvalho B. Anticoagulant and antithrombotic drugs in pregnancy: What are the anesthetic implications for labor and cesarean delivery?. *J Perinat* 2011;31:73–84. Copyright 2011.

**TABLE 23-6** American Society of Regional Anesthesia and Pain Medicine (ASRA) Guidelines Regarding Anticoagulation with LMWH and Neuraxial Anesthesia and Analgesia

1. Weigh risk of spinal hematoma versus benefits of regional anesthesia or analgesia for pregnant patients on LMWH when deciding to place a neuraxial block
2. The concomitant use of antiplatelet or oral anticoagulation medications increase risk of spinal hematoma
3. Patients receiving prophylactic LMWH, neuraxial block should be placed 10–12 h after the last dose of LMWH
4. Patients receiving high dose or therapeutic dose of LMWH, such as enoxaparin 1 mg/kg twice per day, or enoxaparin 1.5 mg/kg daily, neuraxial block should be placed no earlier than 24 h after the last dose.
5. The first dose of LMWH postoperatively depends on the prescribed dosing schedule
  - a. Twice-daily dosing: The first dose of LMWH should be given no earlier than 24 h postoperatively. First dose of LMWH should be held for 2 h after indwelling epidural catheters are removed.
  - b. Single-daily dosing: The first dose of LMWH should be given 6–8 h postoperatively. The second dose should be given no earlier than 24 h after first dose. Indwelling epidural catheters may be maintained and should not be removed less than 10–12 h after last dose of LMWH. Subsequent dose of LMWH should be held for 2 h after in situ catheters are removed.
6. If blood is seen during needle or catheter placement, the first dose of LMWH should be delayed 24 h postoperatively.

Adapted with permission from: Beilin Y. Thrombocytopenia and low molecular weight heparin in the parturient: Implications for neuraxial anesthesia. ASA Refresher Course in Anesthesiology. 2010;Course 202:1–7.

- 
- The background is a blue gradient. In the corners, there are white line-art designs resembling electronic circuit boards or neural networks, with lines and small circles.
- **COMPLICATIONS OF ANTICOAGULATION DURING PREGNANCY**
  - **PREVENTION AND THROMBOPROPHYLAXIS**



# GUIDELINES FOR NEURAXIAL TECHNIQUES IN THE ANTICOAGULATED PREGNANT PATIENT

**TABLE 23-7 US Guidelines for Timing of Neuraxial Anesthesia in Patients Receiving Anticoagulation**

Drug	Timing of Anticoagulation
<b>Unfractionated Heparin Subcutaneous</b>	
Before neuraxial blockade/after catheter withdrawal	No time interval for 5,000 U twice daily Greater than 4 d, check platelet count
After neuraxial blockade/after catheter withdrawal	1 h
<b>Unfractionated Heparin Intravenous</b>	
Before neuraxial blockade/after catheter withdrawal	None recommended/2–4 h
After neuraxial blockade/after catheter withdrawal	1 h
<b>Low-molecular-weight Heparin (LMWH) (prophylactic dose)</b>	
Before neuraxial blockade/after catheter withdrawal	10–12 h
After neuraxial blockade/after catheter withdrawal	6–8 h first postoperative dose (single dosing) Second postoperative dose 24 h after first dose Regardless dosing schedule, wait 2 h after catheter removal
<b>Low-molecular-weight Heparin (LMWH) (therapeutic dose)</b>	
Before neuraxial blockade/after catheter withdrawal	24 h
After neuraxial blockade/after catheter withdrawal	24 h/>2 h
<b>Fondaparinux Subcutaneous</b>	
Before neuraxial blockade/catheter withdrawal	Recommended with single-shot spinal, atraumatic blocks, no in situ catheter
After neuraxial blockade/catheter withdrawal	Recommended with single-shot spinal, atraumatic blocks, no in situ catheters
<b>Aspirin</b>	
<b>No Contraindications</b>	
Clopidogrel/before neuraxial blockade/catheter withdrawal	7 d
Ticlopidine/before neuraxial blockade/catheter withdrawal	14 d
<b>Warfarin</b>	
Before neuraxial blockade/catheter withdrawal	Recommend normal/INR $\leq 1.5$
After neuraxial blockade/catheter withdrawal	May restart after catheter withdrawal

Adapted with permission from: Butwick AJ, Carvalho B. Neuraxial anesthesia with anticoagulant drugs. *Int J Obstet Anesth* 2010;19(2):193–201. Copyright 2011.

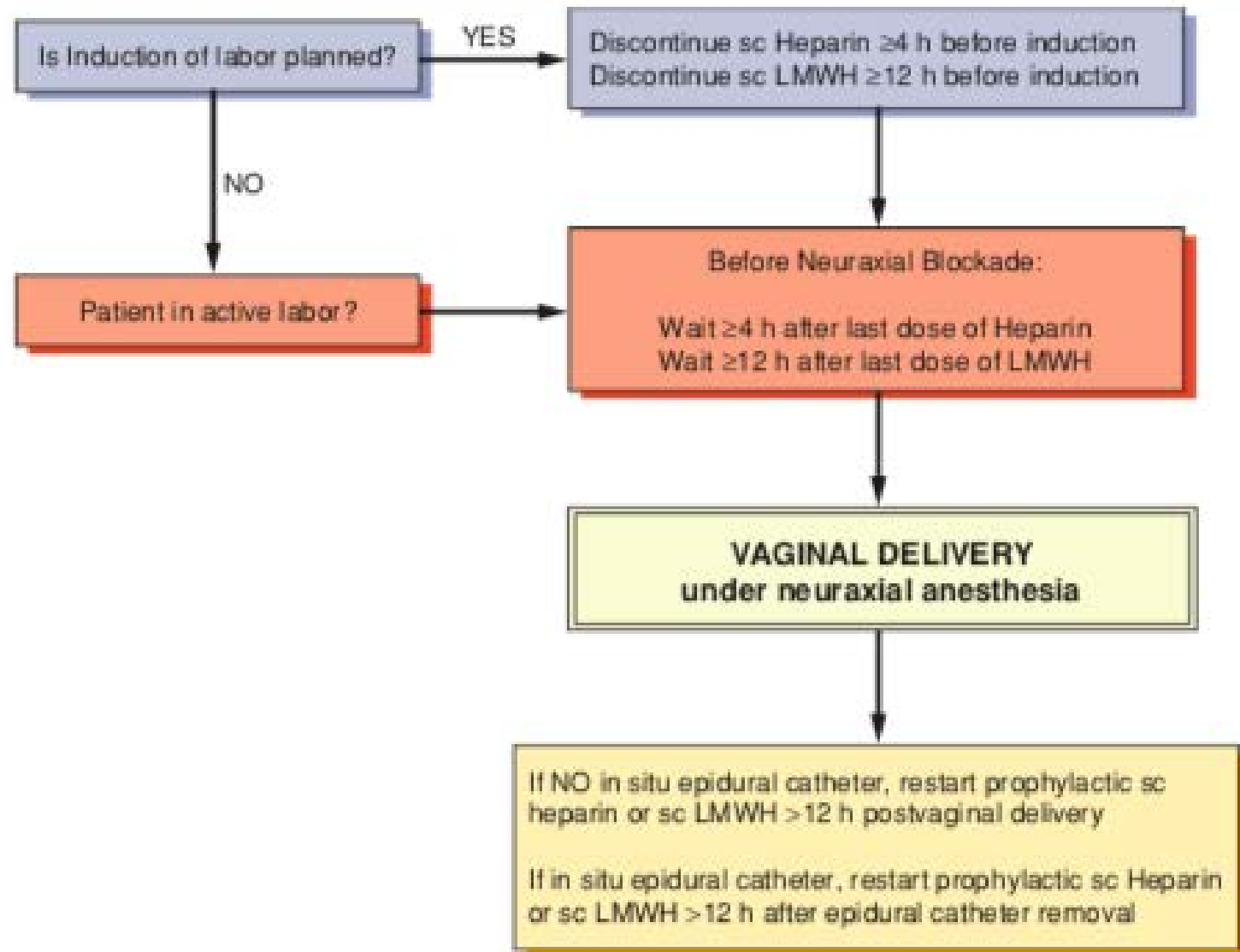
**TABLE 23-8** Summary of Guidelines for Neuraxial Anesthesia Following Anticoagulants and Thrombotic Drugs

	ACOG	ACCP	ASRA
General	<p>Initial diagnostic test for acute DVT is CUS.</p> <p>Therapeutic anticoagulation with acute thromboembolism during current pregnancy or with mechanical heart valves</p> <p>Place PCD before cesarean delivery for all women and maintain in place until patient is ambulatory and anticoagulation is restarted</p> <p>Resume anticoagulation therapy no sooner than 4–6 h after vaginal delivery or 6–12 h after cesarean delivery</p>	<p>The use of antithrombotic agents is not recommended in patients without thrombophilia or women with thrombophilia in the absence of thromboembolism or poor pregnancy outcome</p> <p>Avoid or limit epidural analgesia to &lt; 48 h, withdraw catheter when INR &lt; 1.5 with warfarin</p> <p>Spinal safe, avoid epidural analgesia with fondaparinux</p> <p>Use of direct thrombin inhibitors, thrombolytics not addressed</p>	<p>Normal INR before neuraxial technique and withdraw catheter when INR &lt; 1.5 with warfarin</p> <p>Delay needle placement 36–42 h after last fondaparinux dose, wait 6–12 h after catheter withdrawal for subsequent fondaparinux dose</p> <p>Avoid neuraxial techniques with direct thrombin inhibitors</p> <p>Absolute CI with thrombolytics</p>
Following antiplatelet drugs		<p>NSAIDs: no CI</p> <p>Discontinue clopidogrel 7 d before neuraxial blockade</p>	<p>NSAIDs: No CI</p> <p>Discontinue ticlopidine 14 d and clopidogrel 7 d</p>

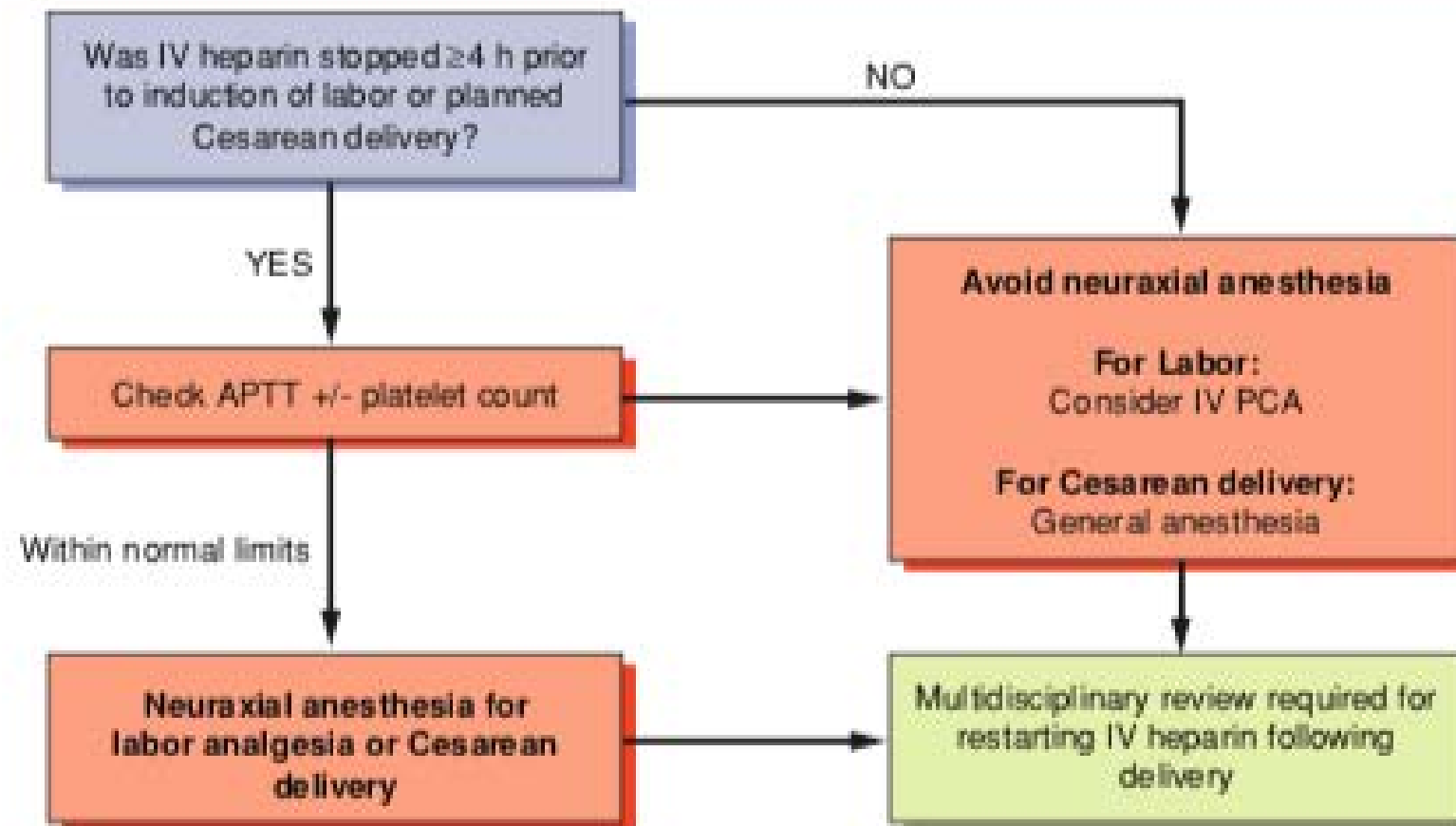


**TABLE 23-8** Summary of Guidelines for Neuraxial Anesthesia Following Anticoagulants and Thrombotic Drugs

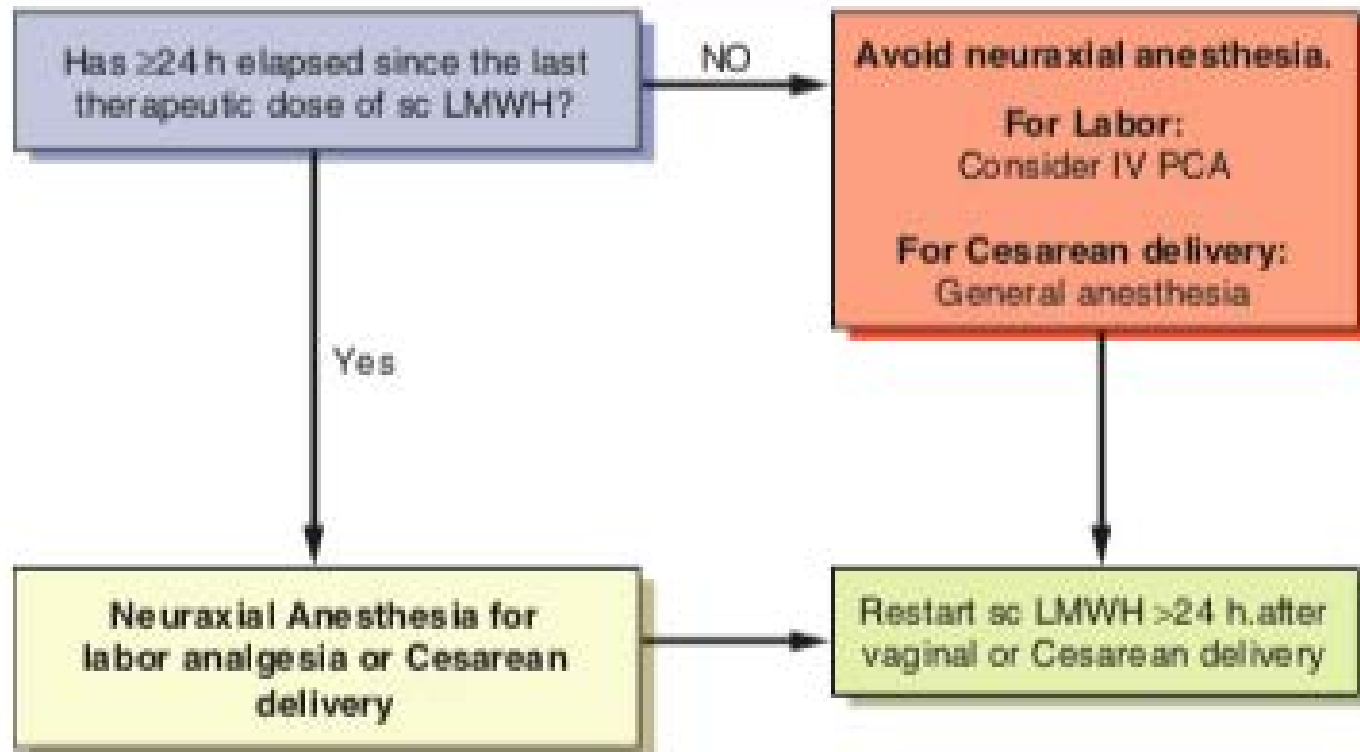
	ACOG	ACCP	ASRA
Following subcutaneous UFH	Women receiving either therapeutic or prophylactic oral anticoagulation may be converted to LMWH with similar dosing no later than 36 wks of pregnancy until 36 h before induction of labor or cesarean delivery. Convert to SC or IV UFH until 4–6 h before delivery	Needle placement 8–12 h after SC UFH dose; subsequent dose 2 h after block or epidural catheter withdrawal	No CI with twice-daily SC dosing and total daily dose < 10,000 U Consider holding SC UFH if neuraxial blockade is anticipated to be technically difficult Start IV UFH 1 h after neuraxial technique, remove catheter 2–4 h after last UFH dose, no delay required if traumatic Resume prophylaxis 12 h after cesarean or catheter withdrawal with twice-daily dose of 5,000 U of UFH Delay prophylaxis for 24 h with weight adjusted UFH dosing regardless of mode of delivery
Following subcutaneous LMWH	At least 36 h before and Withhold neuraxial blockade for 12 h after the last prophylactic dose of LMWH or 24 h after the last therapeutic dose of LMWH	Needle placement 8–12 h after LMWH dose; subsequent LMWH dose 2 h after block or catheter withdrawal. Indwelling catheter safe with twice-daily LMWH prophylactic dosing	Twice-daily prophylactic dosing: LMWH 24 h after surgery, regardless of technique; Remove neuraxial catheter 2 h before first LMWH dose Therapeutic dose: Delay block for >18 h Resume prophylaxis 12 h after cesarean delivery or catheter withdrawal with 40 mg enoxaparin once daily Delay prophylaxis for 24 h with LMWH 1 mg/kg every 12 h regardless of mode of delivery



**FIGURE 23-2** Vaginal delivery management: Prophylactic subcutaneous heparin or subcutaneous LMWH. Adapted with permission from: Butwick AJ Carvalho B. Algorithm for the timing of prophylactic subcutaneous heparin or LMWH administration before and after vaginal delivery. *J Perinat* 2011;31:73–84. Copyright 2011.

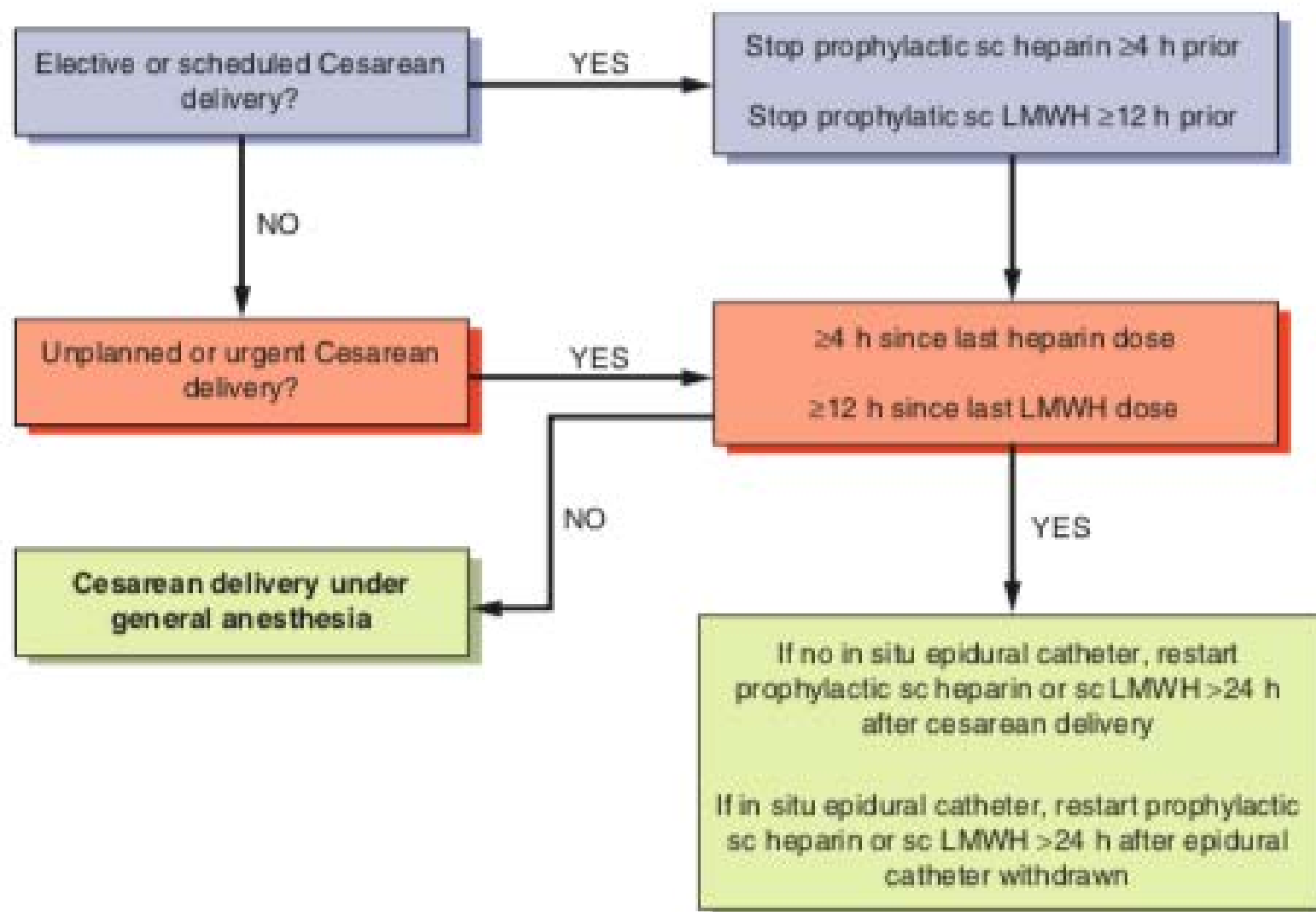


**FIGURE 23-4** Peripartum management: Therapeutic intravenous heparin for vaginal or cesarean delivery. IV, intravenous; SC, subcutaneous; LMWH, low-molecular-weight heparin; PCA, patient controlled analgesia. Reprinted with permission from: Butwick AJ, Carvalho B. Algorithm for the timing of therapeutic low molecular weight heparin administration before and after vaginal or cesarean delivery. *J Perinat* 2011;31:73–84. Copyright 2011.



**FIGURE 23-5** Peripartum management: Therapeutic SC LMWH for vaginal or cesarean delivery. IV, intravenous; SC, subcutaneous; LMWH, low-molecular-weight heparin; PCA, patient controlled analgesia. Reproduced with permission from: Butwick AJ, Carvalho B. Algorithm for the timing of therapeutic low molecular weight heparin administration before and after vaginal or cesarean delivery. *J Perinat* 2011;31:73–84. Copyright 2011.

**FIGURE 23-3** Cesarean delivery management: Prophylactic subcutaneous heparin or subcutaneous LMWH. Adapted with permission from: Butwick AJ, Carvalho B. Algorithm for the timing of prophylactic subcutaneous heparin or LMWH administration before and after cesarean delivery. *J Perinat* 2011;31:73–84. Copyright 2011.



The background is a blue gradient. In the corners, there are white line-art illustrations of circuit boards or neural networks, with lines and small circles representing components.

# **DIFFICULT AND FAILED INTUBATION**



# GOALS AND STEPS IN OBSTETRIC ANESTHESIA WITH RELATION TO AIRWAY MANAGEMENT

Goals	Steps to Achieve Goals
Ensure safe outcomes for mother and baby	Be cognizant of predictors of the difficult airway
Establish oxygenation and ventilation; a priority which may require the use of alternative airway device	Assess risk factors that pre-dispose to airway-related complications
Balance urgency of delivering the baby while keeping maternal safety in mind	Have an airway rescue plan, within the framework of a well thought out algorithm, for managing the difficult airway
Prevent regurgitation and pulmonary aspiration	Have airway devices/equipment/difficult airway cart <i>immediately</i> available in the labor and delivery suite and the operating rooms to manage the difficult airway
Eliminate airway-related maternal and neonatal adverse outcomes entirely	Acquire and maintain advanced airway management skills, including cricothyroidotomy skills

# DEFINITIONS OF DIFFICULT AIRWAY


- *Difficult Tracheal Intubation*
- *Failed Intubation*
- *Difficult Laryngoscopy:*
- *Difficult Facemask Ventilation (MV):*
- *Difficult Laryngeal Mask Ventilation:*

**TABLE 24-5** Difficult Airway Incidence

Surgical Patients	Obstetrical Patients
Difficult intubation occurs relatively commonly in association with GA Estimated incidence 1–3%	Cormack et al. Difficult laryngoscopy Grade III view 1:2,000
Difficult mask ventilation Estimated incidence 0.9–5% in general surgery patients	Hawthorne et al. Failed intubation 1:250
Cannot intubate cannot ventilate (CICV) Estimated incidence CICV—0.01% to 2 per 10,000	Lyons Failed intubation 1:300 Samsoon & Young Failed intubation 1:283 Rocke et al. Failed intubation 1:750 Tsen et al. *CICV 1:536 Palanisamy et al. *CICV 1:98



# FACTORS CONTRIBUTING TO THE DIFFICULT MATERNAL AIRWAY

- **Airway Changes**
  - **Respiratory Changes**
  - **Cardiovascular Changes and Resuscitation Implications**
  - **Gastrointestinal Changes**
  - **Obesity**
- 
- 
- 

# PREDICTION OF DIFFICULT AIRWAY

- **Importance of Assessment and Prediction of Difficult Airway in Obstetrical Patients**
- **Descriptive Terms Analyzing Predictive Tests**
- **Preoperative Assessment**



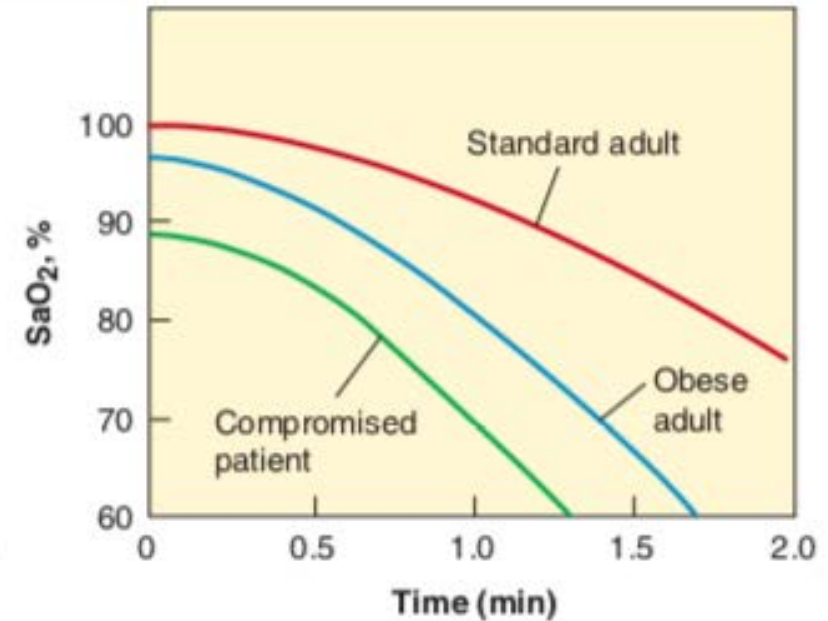
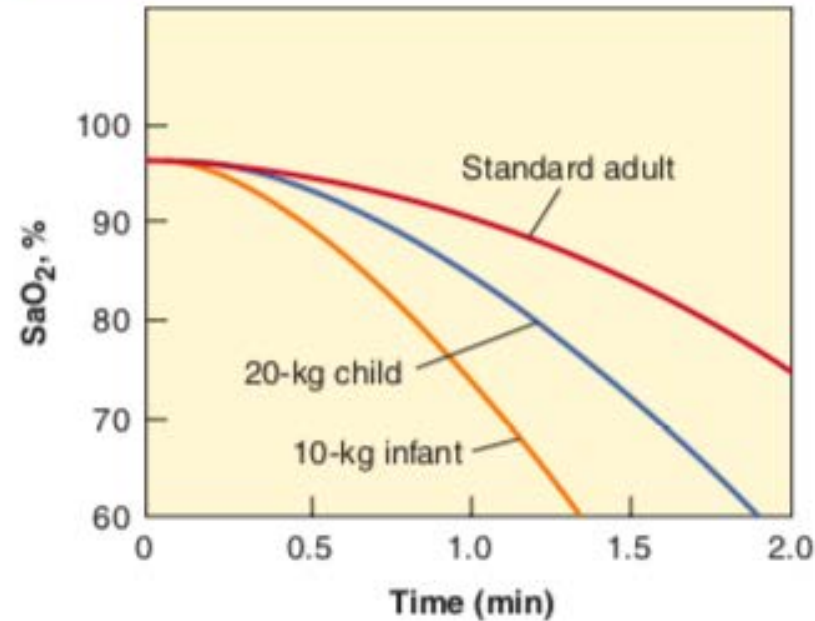
**TABLE 24-6** Preoperative Tests for Predicting DI in Obstetrical Patients

Sign of Difficulty	Description	Acceptable Findings not Usually Associated with Difficulty	Quantitative or Qualitative Findings Reported to be Associated with Difficulty
Disproportion	Increased size of tongue in relation to pharyngeal size	Mallampati class I or II	Mallampati class III or IV
Distortion	Airway swelling (preeclampsia) Airway trauma (blunt or penetrating) Neck mass (Thyroid enlargement)	Midline trachea Mobile laryngeal anatomy Easily palpated thyroid cartilage Easily palpated cricoid cartilage	Possibly difficult to assess Blunt or penetrating airway trauma Tracheal deviation Neck asymmetry Voice changes Laryngeal immobility Nonpalpable thyroid cartilage Nonpalpable cricoid cartilage
Decreased thyromental distance	Anterior larynx and decreased mandibular space	Thyromental distance $\geq 6.5$ (3 fb) No receding chin	Thyromental distance $< 6.5$ cm ( $< 3$ fb) measured from the superior aspect of the thyroid cartilage to the tip of the chin Receding chin
Decreased interincisor gap	Reduced mouth opening	Interincisor gap $> 3$ cm (2 fb)	Distance between upper and lower incisors (i.e., interincisor gap) $< 3$ cm ( $< 2$ fb)
Decreased range of motion in any or all of the joints of the airway (i.e., atlanto-occipital joint, temporomandibular joints, cervical spine); atlanto-occipital range of motion is critical for assuming the sniffing position	Limited head extension secondary to arthritis, diabetes, or other diseases Neck contractures secondary to burns or trauma	Head extension $\geq 35$ -degree atlanto-occipital extension Cervical spine flexion $\geq 35$ degrees Long, thin neck	Head extension $< 35$ degrees Neck flexion $< 35$ degrees Long, thin neck
Dental overbite (upper lip bite test)	Protruding incisors disrupting the alignment of the airway axes and possibly decreasing the interincisor gap	No dental overbite	Dental overbite



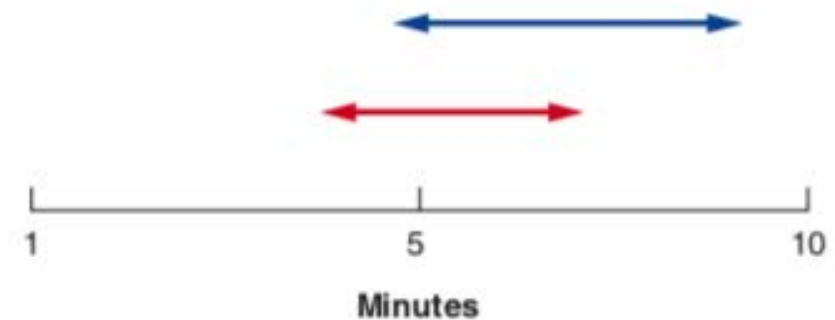
# PREDICTORS FOR DIFFICULT MASK VENTILATION

**FIGURE 24-2** Oxy-hemoglobin desaturation during apnea. Reprinted with permission from: Benumof JL, Dagg R, Benumof R. Critical hemoglobin desaturation will occur before return to an unparalyzed state following 1 mg/kg intravenous succinylcholine. *Anesthesiology* 1997;87(4):979-982.



Preoxygenated healthy adult maintain O<sub>2</sub> saturation

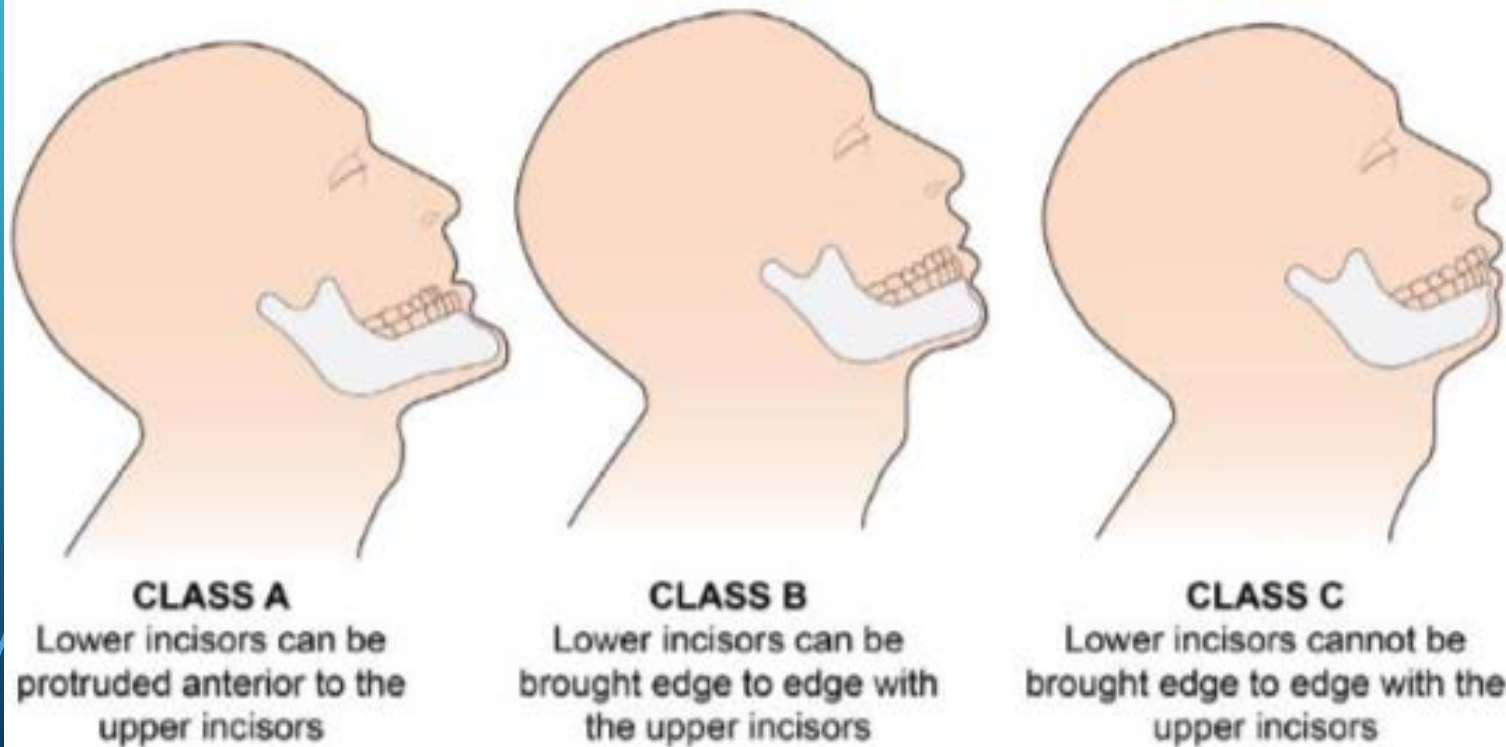
Succinylcholine apnea duration



# SPECIFIC INDIVIDUAL TESTS FOR ASSESSMENT OF DIFFICULT TRACHEAL INTUBATION

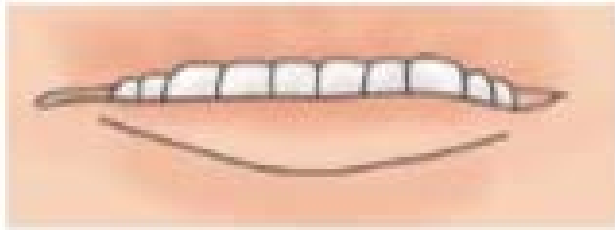
- *Interincisor distance (limited mouth opening)*
- *Jaw Protrusion or Mandibular Protrusion test*
- *Upper lip bite test (ULBT)*
- *Atlanto-occipital (AO) joint extension*
- *Thyromental distance (TMD) (Patil's Test):*
- *Sternomental distance (SMD)*

# MANDIBULAR PROTRUSION TEST

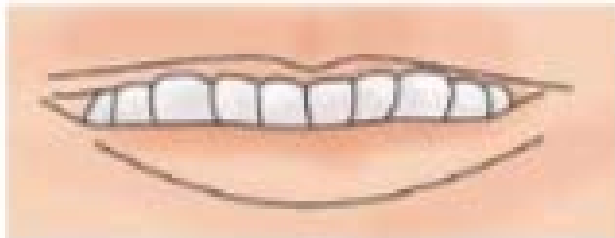


**FIGURE 24-3** Mandibular protrusion test for prediction of difficult mask ventilation. Reprinted with permission from: Takenaka I, Aoyama K, Kadoya T. Mandibular protrusion test for prediction of difficult mask ventilation. *Anesthesiology* 2001;94(5):935.

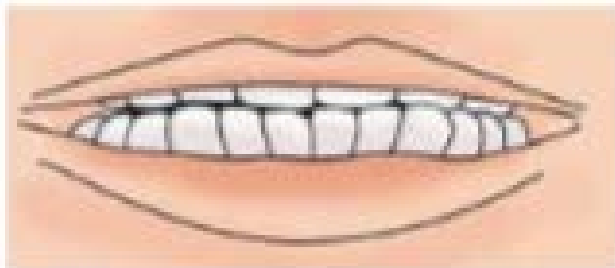
# UPPER LIP BITE TEST



**Class I** - Lower incisors can bite upper lip above vermilion line

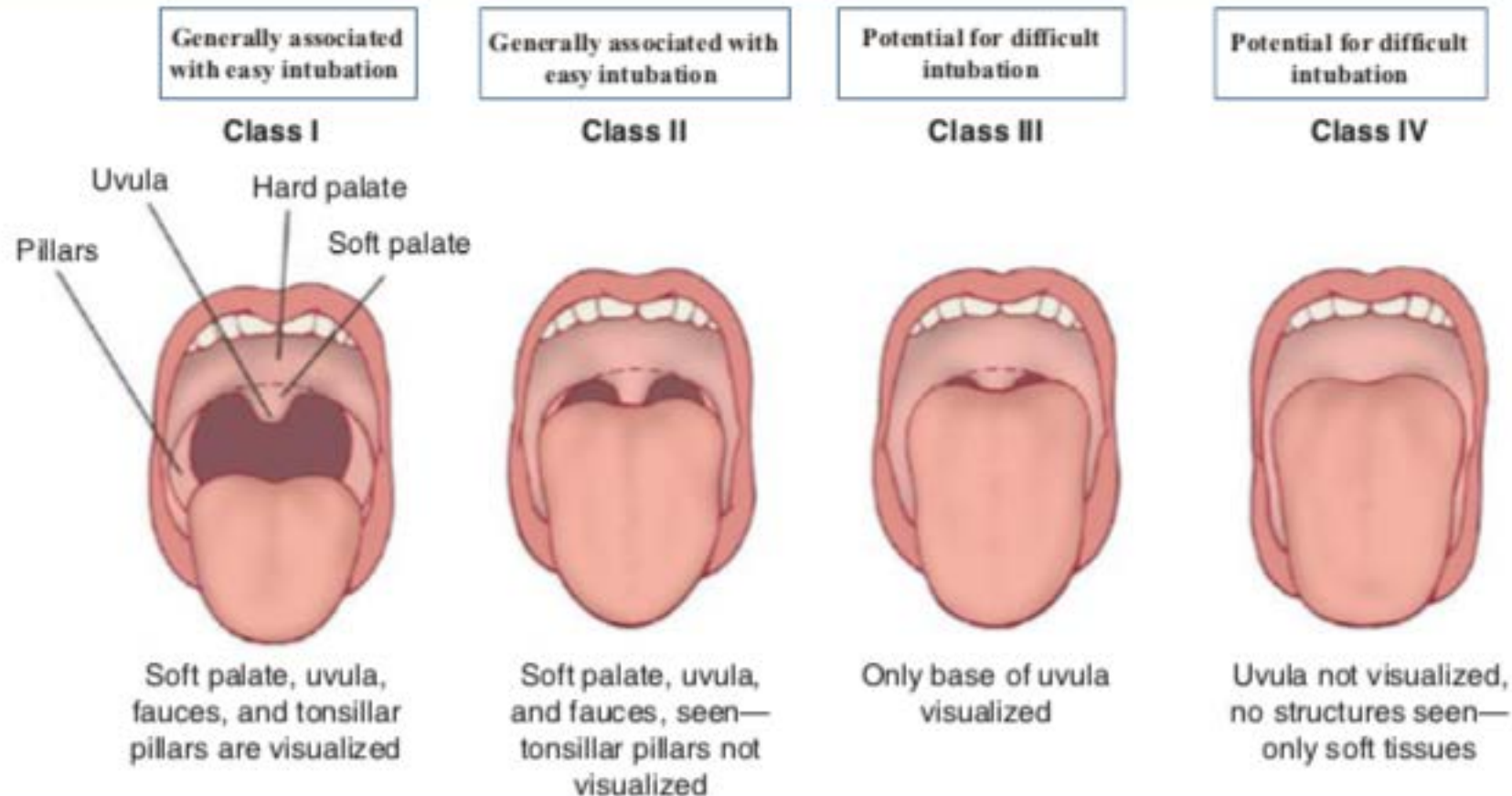


**Class II** - Lower incisors can bite upper lip below vermilion line



**Class III** - Lower incisors cannot bite upper lip

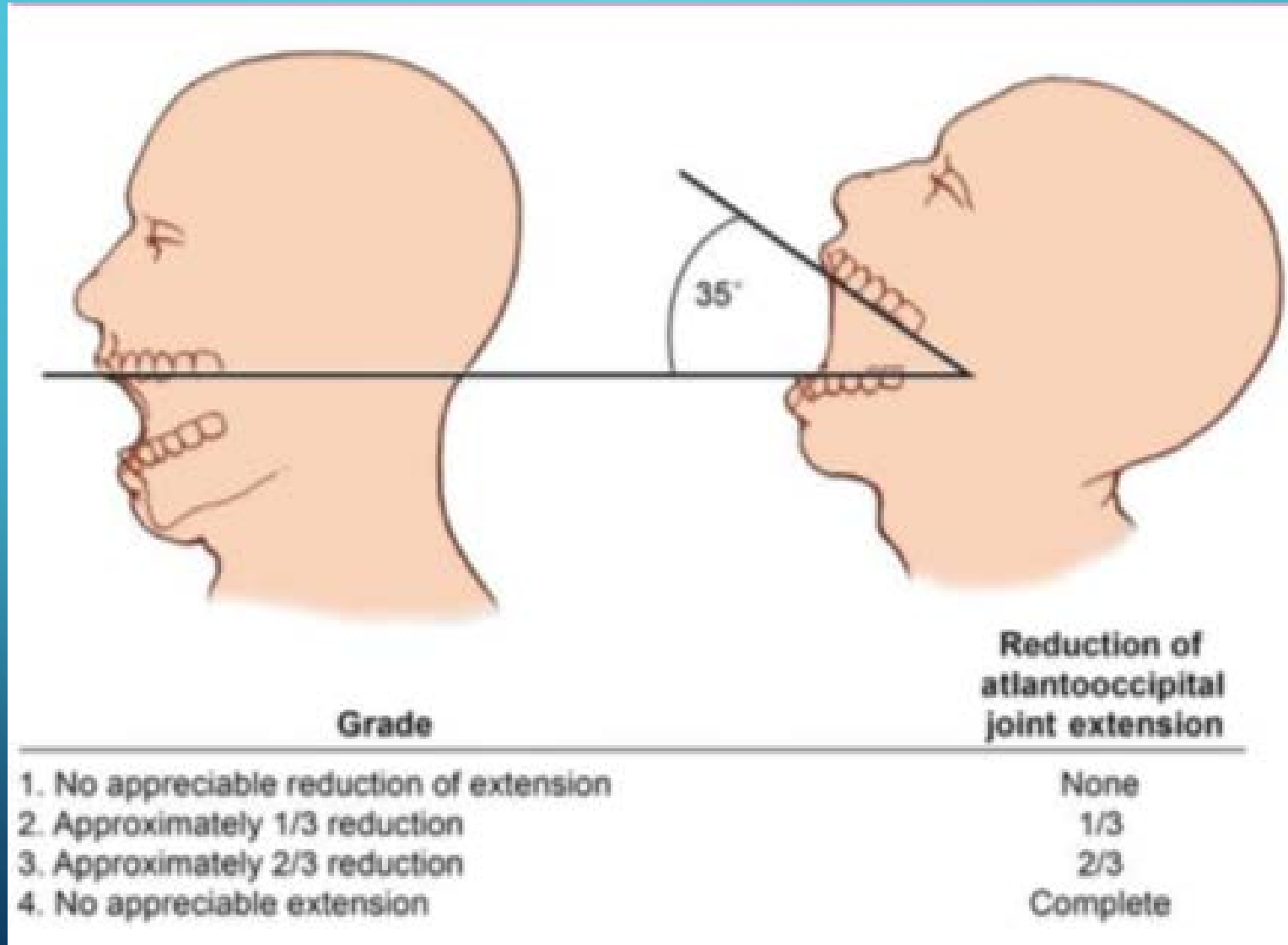
# MODIFIED MALLAMPATI TEST



**FIGURE 24-5** Difficulty of intubation. Modified from: Mallampati Classification. Samsoon GL, Young Jr. Difficult tracheal intubation: A retrospective study. *Anaesthesia* 1987;42:487–90; Mallampati SR, Gatt SP, Gugino LD, et al. A clinical sign to predict difficult tracheal intubation: A prospective study. *Can Anaesth Soc J* 1985;32 (4):429–434.

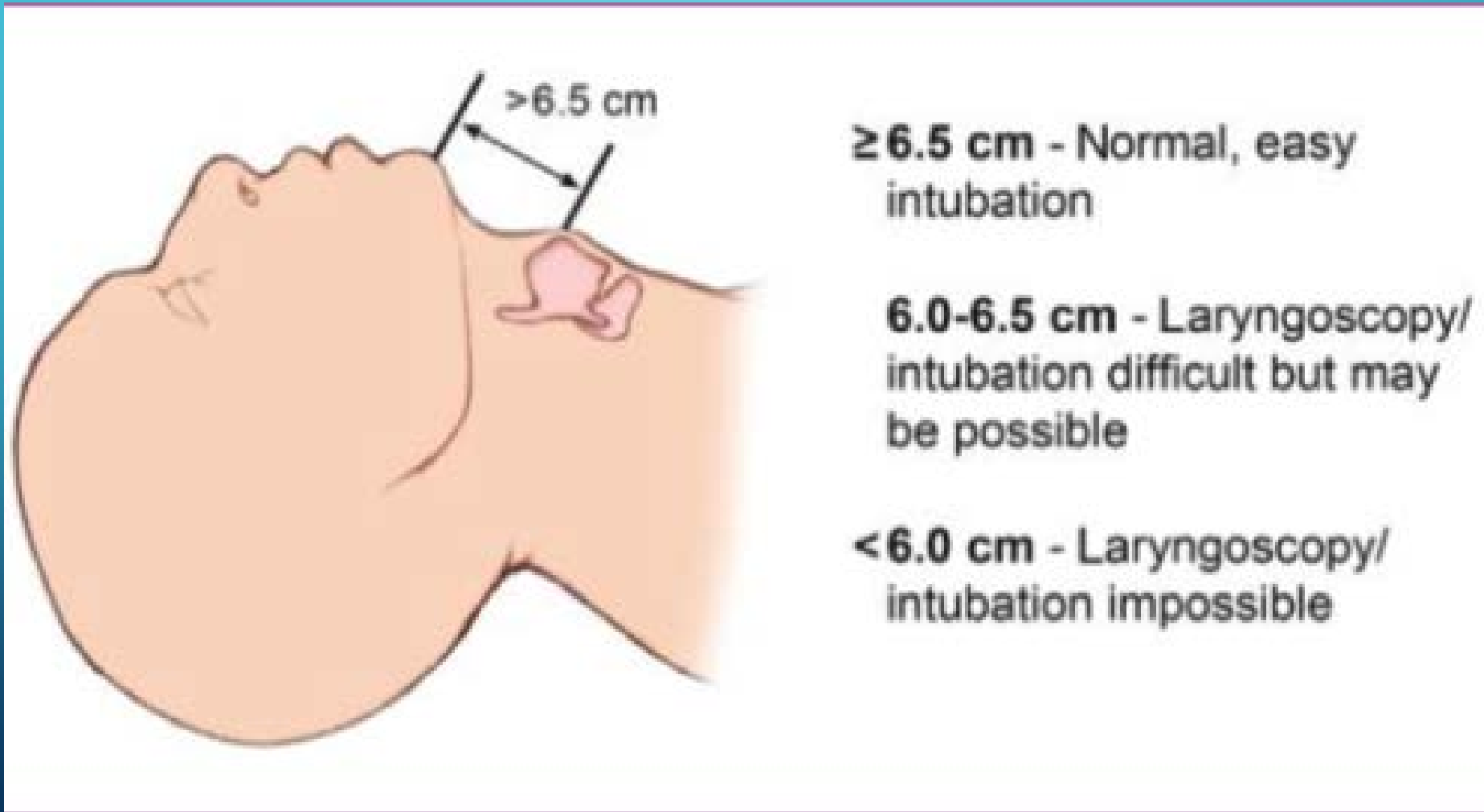


# ATLANTO-OCCIPITAL (AO) JOINT EXTENSION










## THYROMENTAL DISTANCE (TMD) (PATIL'S TEST):



# PREDICTORS OF THE DIFFICULT AIRWAY IN OBSTETRICS

	Grade	Visualized Oral Anatomy	Potential Intubation Implications
	1	Entire glottic opening from the anterior to posterior commissure	Should facilitate an easy intubation
	2	Just the posterior portion of glottis	Normally not difficult to pass a styleted tracheal tube through the laryngeal aperture
	3a*	Epiglottis only (epiglottis can be lifted using a laryngoscope blade)	Intubation is difficult, but possible using an Eschmann bougie introducer or flexible fiberoptic scope
	3b*	Epiglottis only (but epiglottis cannot be lifted from the posterior pharynx using a laryngoscope blade)	Intubation can be difficult, because insertion of an Eschmann bougie introducer may be impeded. Successful tracheal intubation can be accomplished with optical stylet or a flexible fiberoptic scope
	4	Only soft tissue, with no identifiable airway anatomy	Difficult intubation, requiring advanced techniques to intubate the trachea

*\*Tracheal intubation normally requires an advanced airway technique beyond direct laryngoscopy.*

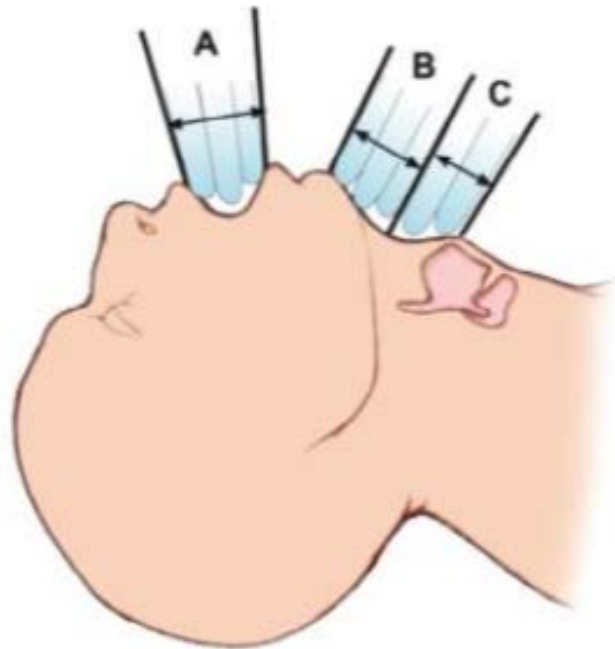
# COMBINING TESTS TO BETTER PREDICT DIFFICULT INTUBATION IN OBSTETRICS

- *Using MP classification and Wilson Risk Sum*
- *Using MP classification, TMD, SMD, Mandibulo-hyoid distance and IID*
- *Meta-analysis of Bedside Screening Test Performance*
- *Quantitative Evaluation of Difficult Intubation—***Lemon Test**

**TABLE 24-9 LEMON: Airway Assessment Method**

L = Look externally for anatomic feature that may make intubation difficult
E = Evaluate the 3-3-2 rule <ul style="list-style-type: none"><li>– Mouth opening (3 fb)</li><li>– Hyoid–chin distance (3 fb)</li><li>– Thyroid cartilage–floor of mouth distance (2 fb)</li></ul>
M = Mallampati score <ul style="list-style-type: none"><li>– Class 1: Soft palate, uvula, pillars visible</li><li>– Class II: Soft palate, uvula visible</li><li>– Class III: Soft palate, base of uvula visible</li><li>– Class IV: Hard palate visible</li></ul>
O = Obstruction: Examine for partial or complete upper airway obstruction.
N = Neck mobility

fb, finger breadths.  
Reprinted with permission from: Reed MJ, Dunn MJ, McKeown DW. Can an airway assessment score predict difficulty at intubation in the emergency department? *Emerg Med J* 2005;22(2):99–102.



- A. Inter-incisor distance in fingers (3 fb)
- B. Hyoid mental distance in fingers (3 fb)
- C. Thyroid to floor of mouth in fingers (2 fb)

**FIGURE 24-11** LEMON airway assessment method. Murphy MF, Wall RM. The difficult and failed airway. Reprinted with permission from: Murphy MF, Walls RM. The difficult and failed airway. Manual of Emergency Airway Management. Chicago, Illinois: Lippincott Williams & Wilkins; 2000: 31–39, fb, finger breadths.



# ANESTHETIC MANAGEMENT IN OBSTETRIC PATIENTS WITH A DIFFICULT AIRWAY

- Management of the parturient with a predicted difficult airway undergoing (i) labor or (ii) operative delivery, where airway management is not necessary;
- Management of anticipated difficult airway in a parturient undergoing CD, where airway management is necessary;



# ANESTHETIC MANAGEMENT IN OBSTETRIC PATIENTS WITH A DIFFICULT AIRWAY

- Management of unanticipated difficult airway following rapid sequence induction
- Management of a CICO (cannot-intubate/cannot-ventilate) situation using (i) noninvasive airway rescue devices and (ii) invasive airway rescue devices during increasing hypoxemia, in the context of an emergency cesarean delivery and urgency to deliver the baby

# ANESTHETIC MANAGEMENT OF THE PARTURIENT WITH A PREDICTED DIFFICULT AIRWAY

- **Labor**
- **Operative Delivery**

**TABLE 24-10** Factors Associated with Difficult Airway

Previous history of difficult airway
Morbid obesity
Diabetes, acromegaly, rheumatoid arthritis, obstructive sleep apnea, osteogenesis imperfecta
Trauma, facial burn injuries, swelling, head and neck infection, hematoma of the mouth, tongue, pharynx, larynx, trachea, or neck
Large tongue, receding jaw, high arched palate, prominent upper incisors, short thick neck, large breasts, microstomia, fixed or "high" larynx
Mouth opening, 2–3 cm, jaw protrusion class C, Mallampati class 3 or 4, thyromental distance <6 cm, reduced head/neck mobility
Voice change, shortness of breath, difficulty swallowing, choking stridor, inability to lie flat, drooling of saliva, lingual tonsillar hyperplasia

# MANAGEMENT OF PREDICTED DIFFICULT AIRWAY IN A PARTURIENT UNDERGOING CESAREAN DELIVERY, WHERE AIRWAY MANAGEMENT IS NECESSARY

- **Awake Tracheal Intubation**

- Patient counseling
- Patient consent
- Use of an anti-sialagogue
- Judicious sedation
- Airway topicalization with local anesthetic
- Clinical pearls to successful fiberoptic technique

# CLINICAL PEARLS TO SUCCESSFUL FIBEROPTIC TECHNIQUE

- Measure the distance from the corner of the mouth to the ear
- Keep the fiberscope straight and follow the midline of the hard palate
- Advance the fiberscope to 10 cm and look at the video monitor to visualize identifiable airway structures
- Make small movements with the lever as you advance the bronchoscope
- If the beveled tip of the tracheal tube impinges on the right arytenoid cartilage, try pulling back the tracheal tube

# CLINICAL PEARLS TO SUCCESSFUL FIBEROPTIC TECHNIQUE

- Identify the carina, advance the fiberscope to three rings above carina, note do not touch the carina
- Ask the patient to inhale deeply, before advancing the tube to its final position and removing the scope



# MANAGEMENT OF THE UNANTICIPATED DIFFICULT AIRWAY FOLLOWING RAPID SEQUENCE INDUCTION OF ANESTHESIA

- Proper planning
- Aspiration prophylaxis
- Proper positioning      Head Elevated Laryngoscopy Position (HELP)
- Left uterine displacement
- Optimal preoxygenation.

# UNANTICIPATED DIFFICULT TRACHEAL INTUBATION, DURING RAPID SEQUENCE INDUCTION OF ANESTHESIA, IN THE OBSTETRIC PATIENT

## Step 1. First Tracheal

- G.I. prophylaxis, LUD, Pre-oxygenation, RSI
- Sniffing position (morbidly obese ? ramp position)
- Cricoid pressure: 10N awake, 30N anesthetized
- External laryngeal manipulation (BURP maneuver)

Difficult laryngoscopy

Difficult intubation

Direct laryngoscopy

Successful tracheal intubation

- Verify intubation by capnography
- Proceed with cesarean delivery

- Call for help
- Call for difficult airway cart
- Consider awakening the patient
- Return to spontaneous ventilation

# UNANTICIPATED DIFFICULT TRACHEAL INTUBATION, DURING RAPID SEQUENCE INDUCTION OF ANESTHESIA, IN THE OBSTETRIC PATIENT

## Step 2. Second Tracheal Intubation

- Maintain 30N cricoid pressure
- Maintain oxygenation and ventilation with face mask
- Assess laryngoscopic view
- External laryngeal manipulation (BURP maneuver)

★ Not more than  
2 attempts at  
intubation

Poor view



Alternative  
devices

- Reduce cricoid pressure
- Gr. 3A – Eschmann bougie assisted intubation
- Gr. 3B/4 – Optical Stylet assisted intubation
- Gr. 3B/4 – Videolaryngoscopy assisted intubation

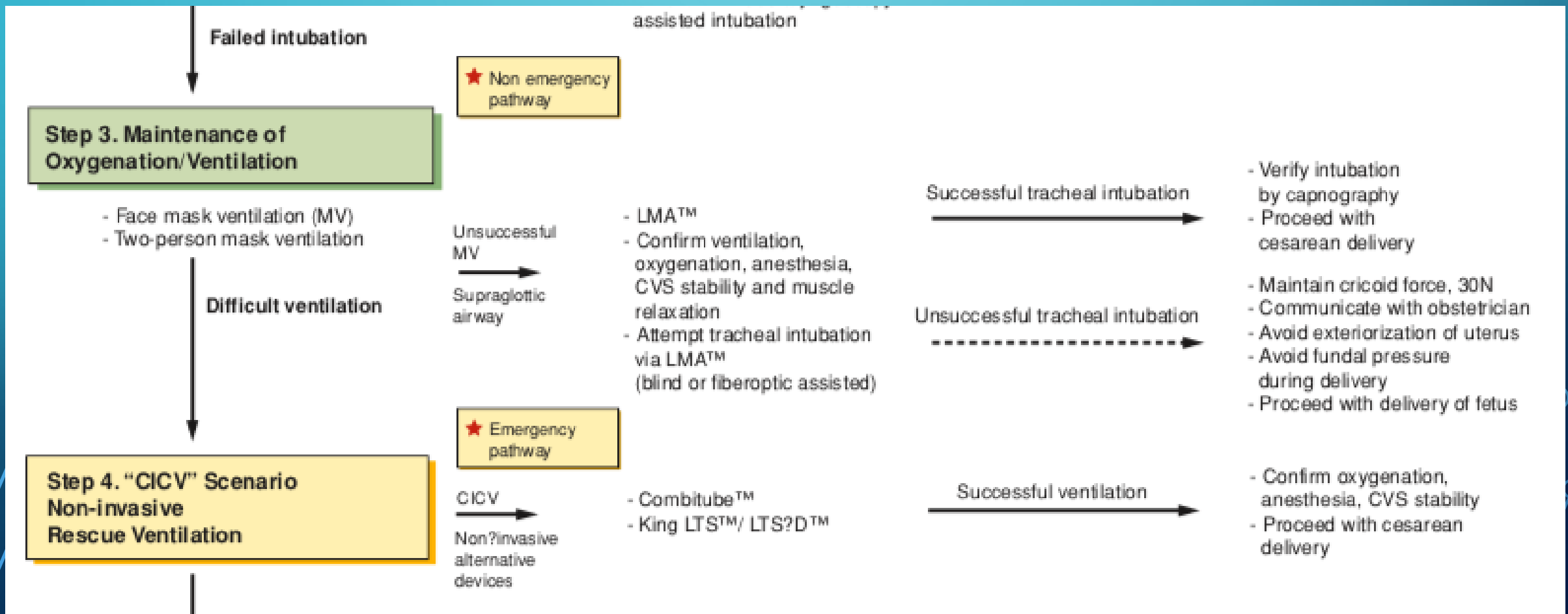
Successful tracheal intubation



- Verify intubation by capnography
- Proceed with cesarean delivery

Failed intubation

# UNANTICIPATED DIFFICULT TRACHEAL INTUBATION, DURING RAPID SEQUENCE INDUCTION OF ANESTHESIA, IN THE OBSTETRIC PATIENT



# UNANTICIPATED DIFFICULT TRACHEAL INTUBATION, DURING RAPID SEQUENCE INDUCTION OF ANESTHESIA, IN THE OBSTETRIC PATIENT

Failed ventilation

**Step 5. "CICV" Scenario**  
**Increasing Hypoxemia**  
**Invasive Rescue Ventilation**

★ Emergency  
pathway  
critical airway

CICV / Hypoxemia  
→  
Invasive  
Airway  
Access

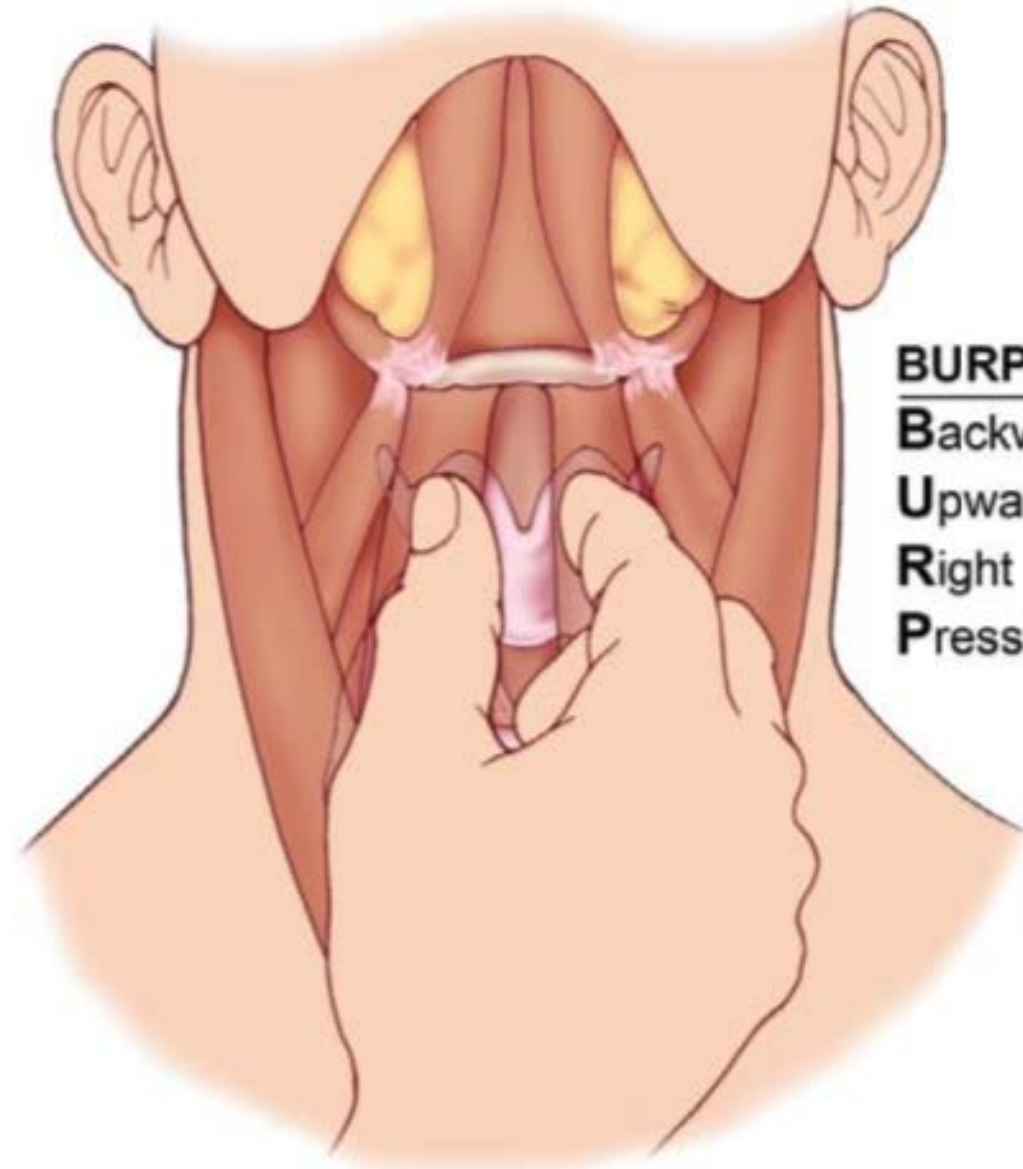
- Cricothyroidotomy
- Transtracheal Jet Ventilation

Successful ventilation →

- Confirm oxygenation, anesthesia, CVS stability
- Proceed with cesarean delivery

★ Note: Steps 1 through 5 should be time-limited, no more than 30-45 sec per step (total ≤ 5min)

# CRICOID PRESSURE



**BURP Maneuver**  
**B**ackward  
**U**pward  
**R**ight  
**P**ressure



**TABLE 24-11** Difficult Airway Cart Contents

Location	Contents
Top shelf	Prep items for awake intubation Eschmann bougie Optical Stylet
Side slot	Fiberoptic bronchoscope
Drawer A	Supraglottic airway sizes 3 and 4: LMA Classic™, LMA Fastrach™, LMA Proseal™, LMA Supreme™
Drawer B	Specialized supraglottic airways: Combitube™ SA 37 Fr, King LTS-D™
Drawer C	Invasive airway equipment: Cricothyroidotomy kit, transtracheal jet cannula with adapter, retrograde intubation kit

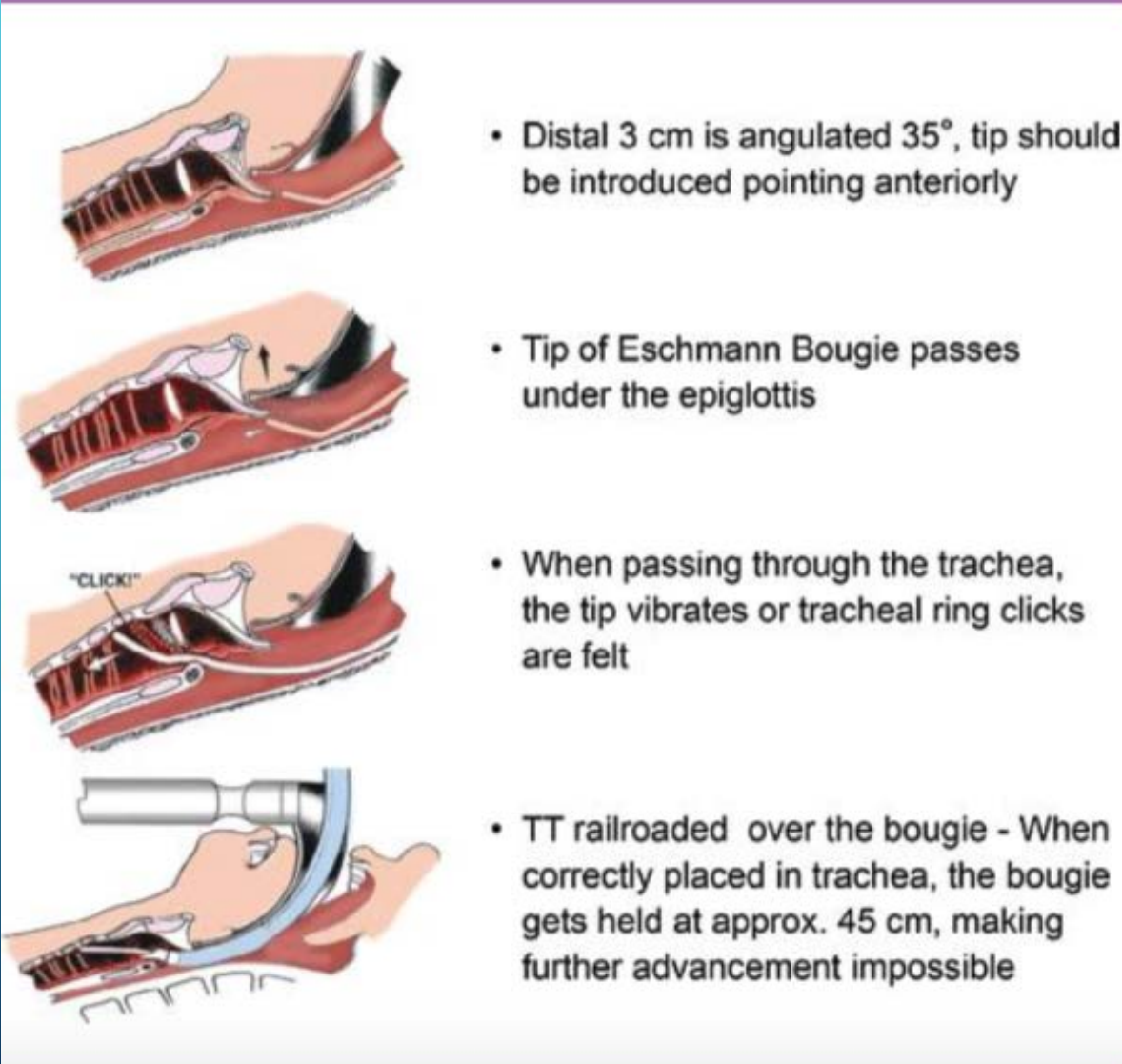
LMA, Laryngeal mask airway; SA, Small adult.

A Videolaryngoscope is readily available at all times in the obstetric operating suite.

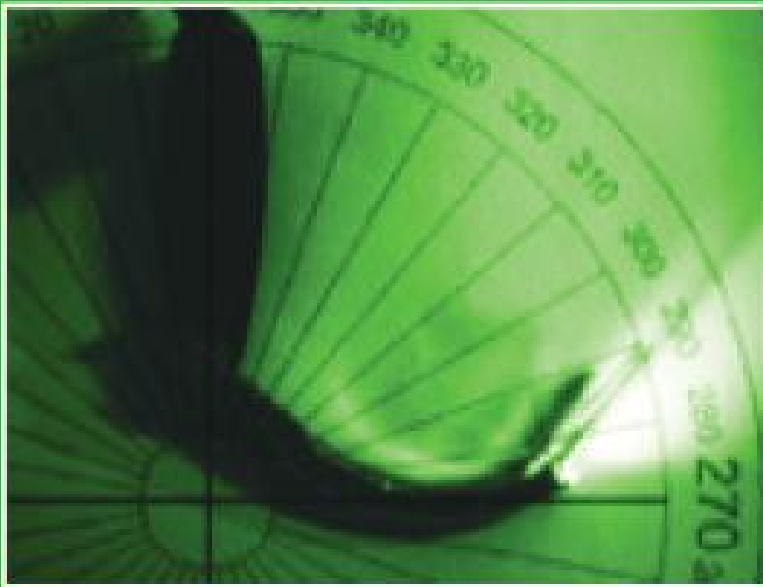
# TECHNIQUE

- **Eschmann Bougie**
- **Optical Stylets**
- **Video laryngoscopy**
  - **McGrath**
  - **Glidescope**
  - **Storz C-Mac Video laryngoscopes**

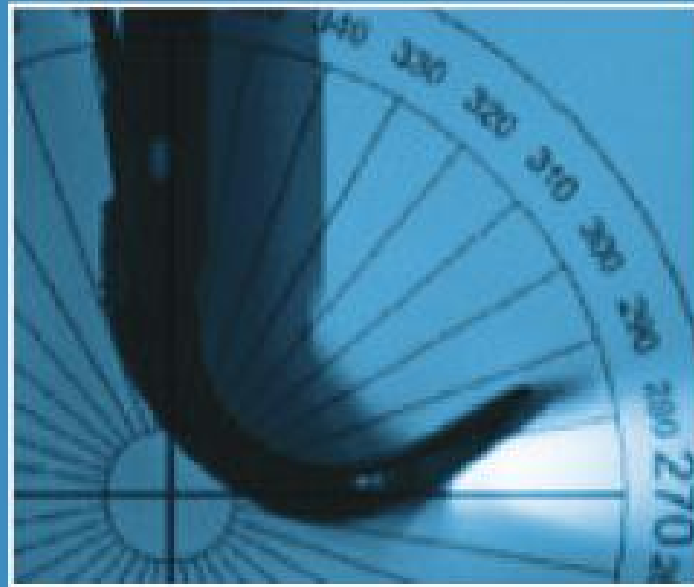
# ESCHMANN BOUGIE-GUIDED TRACHEAL INTUBATION



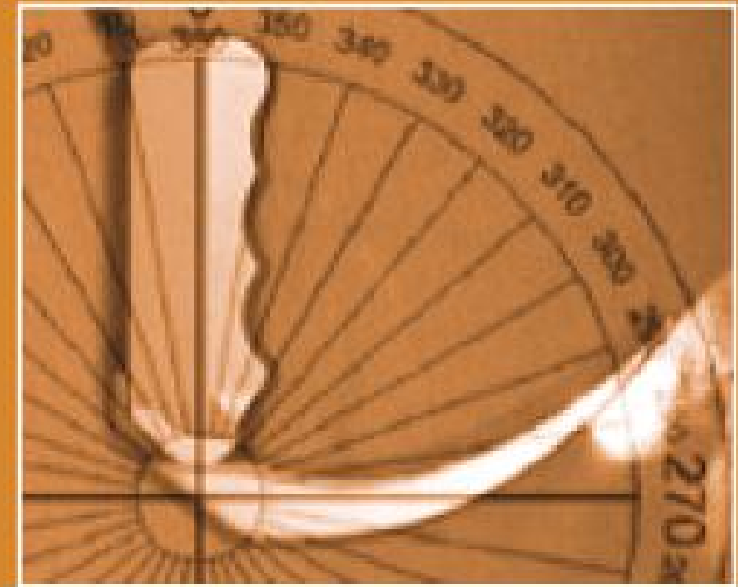
## Videolaryngoscope



## Videolaryngoscope



## Videolaryngoscope



# ***MAINTENANCE OF OXYGENATION/VENTILATION FAILED INTUBATION***

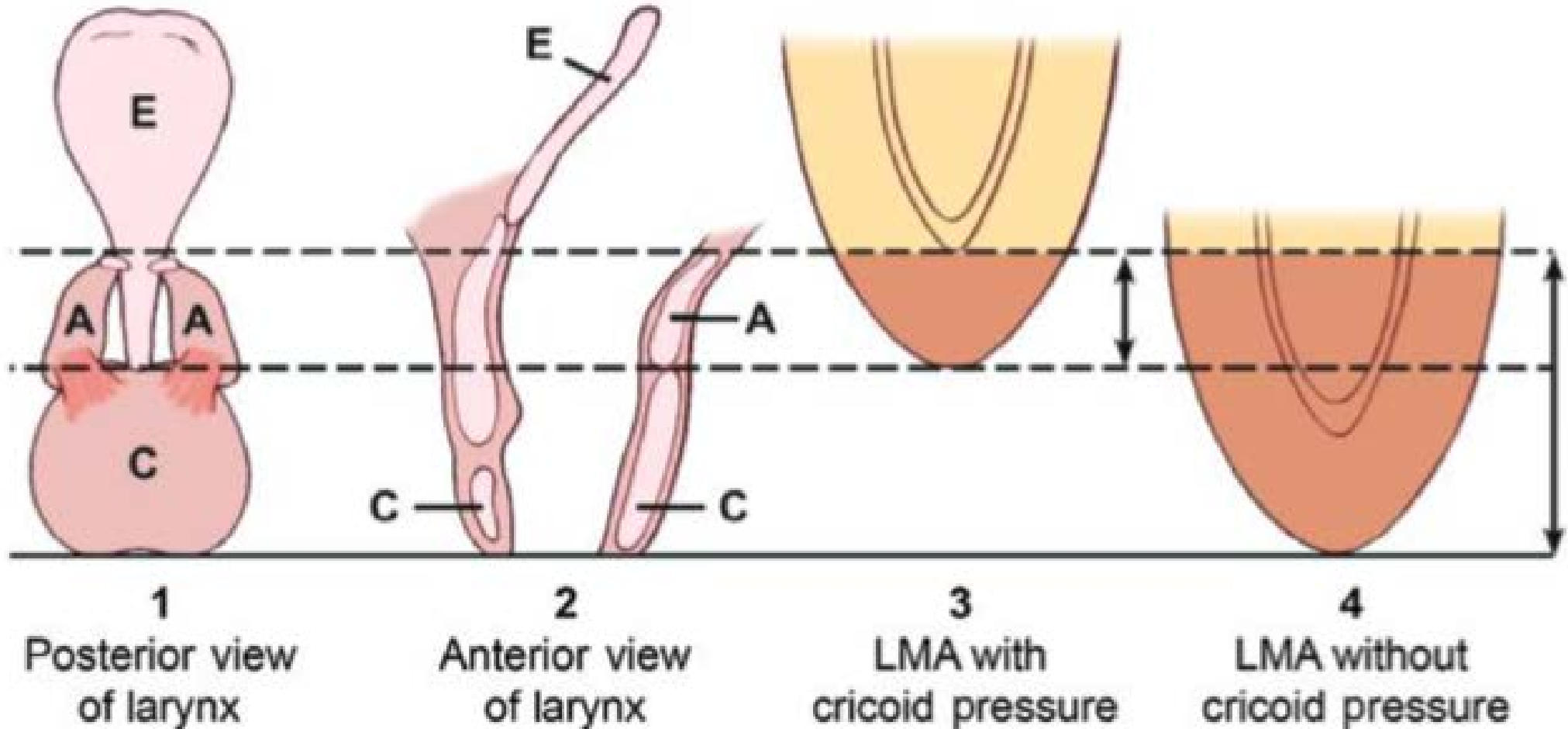
- Providing maternal oxygenation
- preserving airway protection
- Prevention of gastric regurgitation and pulmonary aspiration
- While simultaneously allowing for delivery of the fetus



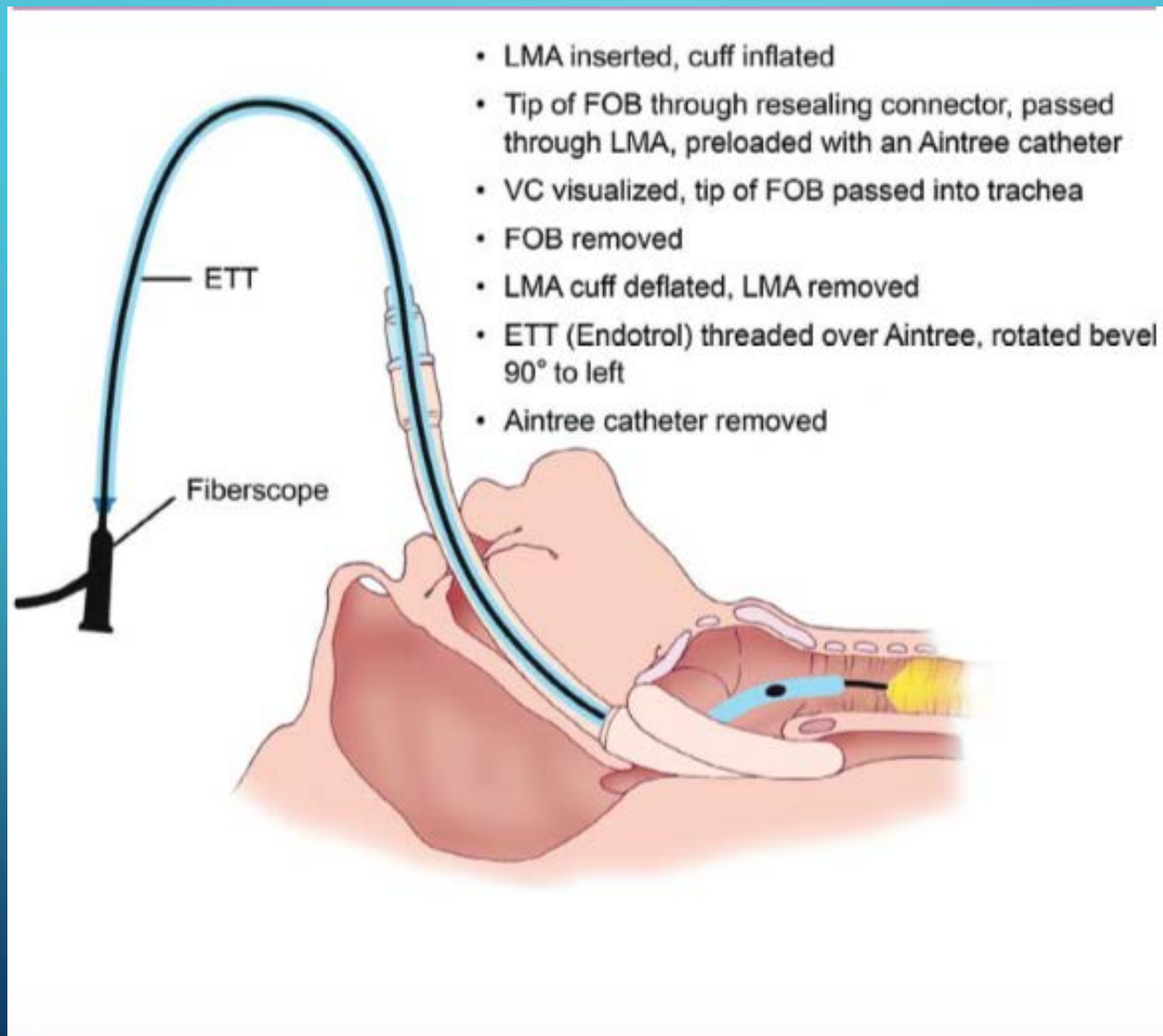
# DIFFICULT VENTILATION/ OXYGENATION: USE OF A SUPRAGLOTTIC AIRWAY

- **LMA Classic TM**
- **LMA Fastrach TM**
- **LMA Proseal TM**
- **LMA Supreme TM**
- **King LTS TM/LTS-D TM**

# LMA AND CRICOID PRESSURE

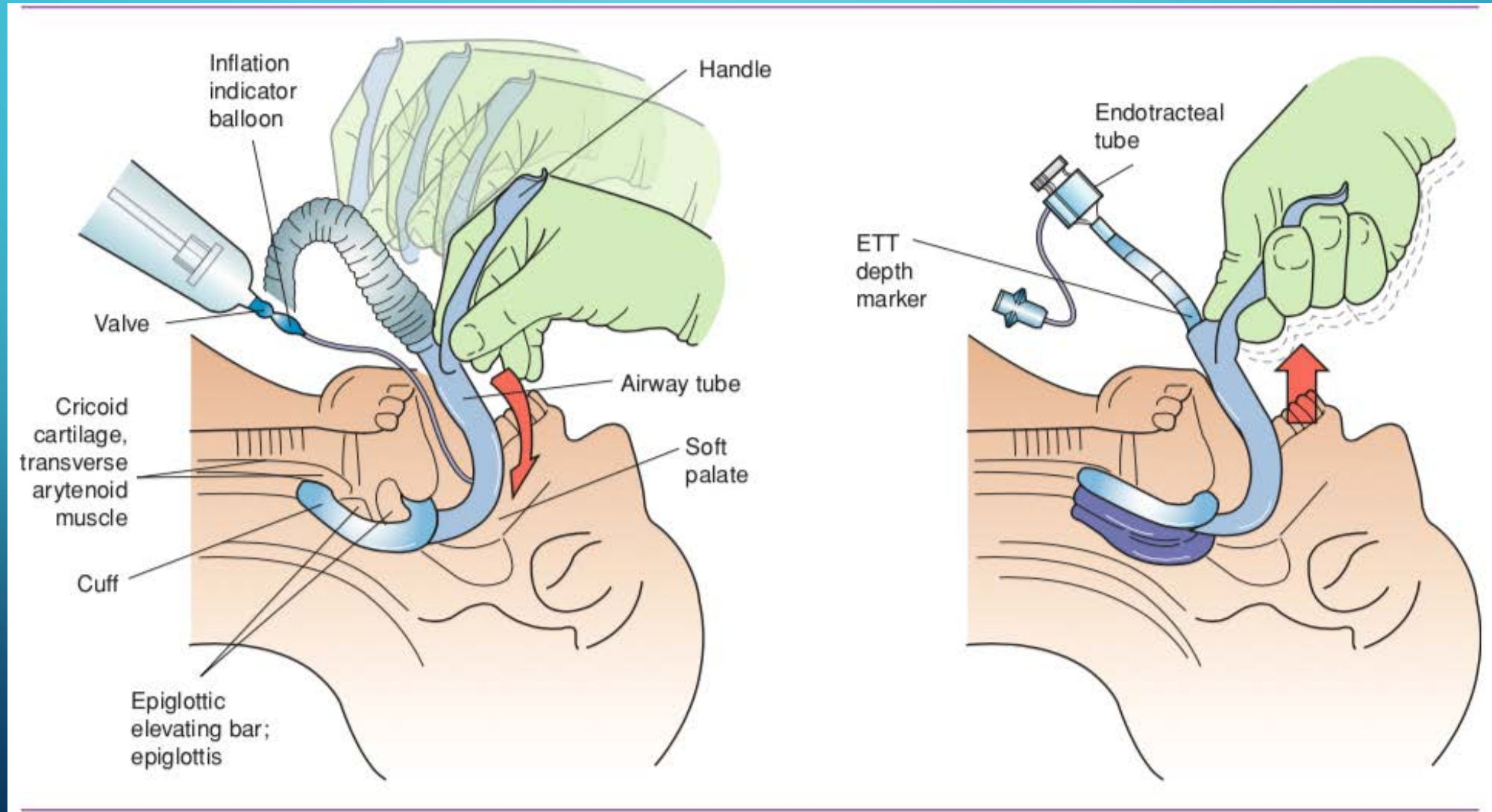


# FIBERSCOPE/ AINTREE-GUIDED INTUBATION VIA LMA



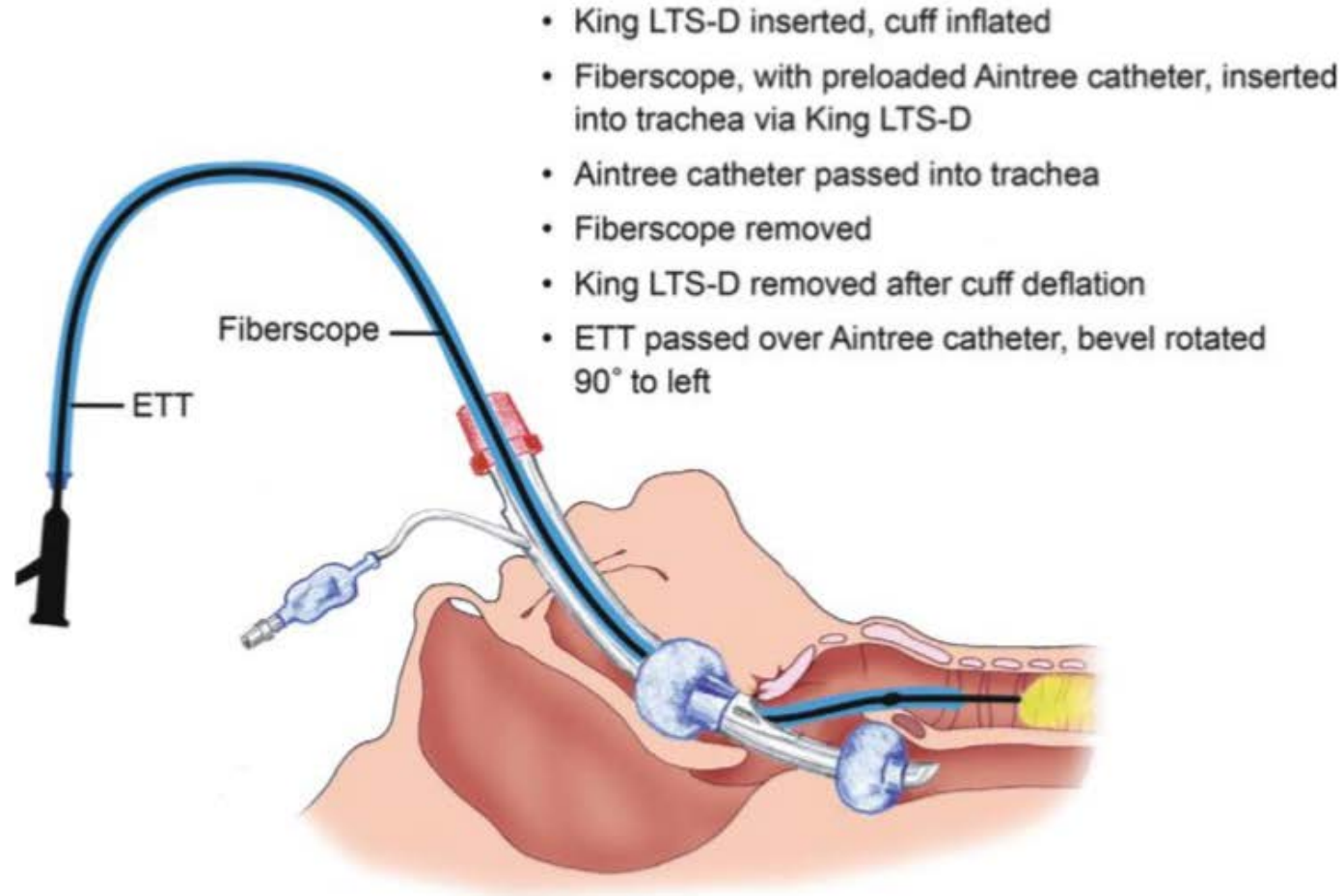
**FIGURE 24-18** Fiberscope/Aintree-guided intubation via LMA.

# LMA -FASTRACH





# TRACHEAL INTUBATION VIA KING LTS-D USING AINTREE CATHETER AND FIBERSCOPE



**FIGURE 24-21** Tracheal intubation via King LTS-D using Aintree catheter and fibroscope.



# INVASIVE AIRWAY TECHNIQUES

- **Emergency Percutaneous Cricothyroidotomy**
- **Surgical Cricothyroidotomy**
- **Needle Cricothyroidotomy with Percutaneous Transtracheal Jet Ventilation (TTJV)**
- **Needle Cricothyroidotomy Using Seldinger Technique**

# **FUTURE RECOMMENDATIONS FOR AIRWAY MANAGEMENT IN OBSTETRICS**

- **Maintenance of Certification in Anesthesiology (MOCA)**

The background is a blue gradient. In the corners, there are white line-art illustrations of circuit boards or neural networks, with lines and small circles representing nodes.

# **PULMONARY ASPIRATION**

# PATHOPHYSIOLOGY OF PULMONARY ASPIRATION OF GASTRIC CONTENTS

- Aspiration of solid material may cause death by asphyxiation
- Aspiration pneumonia is an infection of the respiratory tract caused by the inhalation of oropharyngeal material colonized by organisms
- Aspiration pneumonitis is usually an acute lung injury (ALI)
- The aspirate induces a chemical burn, which results in an alveolar exudate composed of edema, albumin, fibrin, cellular debris, and red blood cells

# PATHOPHYSIOLOGY OF PULMONARY ASPIRATION OF GASTRIC CONTENTS

- reduction in lung compliance with intrapulmonary shunting of blood
- This results in hypoxemia and an increase in pulmonary vascular resistance
- The inflammatory process may result in ALI or acute respiratory distress syndrome (ARDS)



# MANAGEMENT OF ASPIRATION

- The tracheobronchial tree should be suctioned
- Bronchoscopy may be required to remove large particles of food
- Bronchoalveolar lavage is not recommended
- Prophylactic antibiotic therapy is not indicated in aspiration
- CPAP or protective ventilation strategies may be required while the lung injury resolves
- The routine use of corticosteroids are controversial

# RISK FACTORS FOR PULMONARY ASPIRATION

- **“At-risk” Criteria for Pulmonary Aspiration**
- gastric material  $>25$  mL at a pH  $<2.5$
- Mendelson

# STRATEGIES FOR PREVENTING PULMONARY ASPIRATION DURING OBSTETRIC SURGERY

- **Preoperative Fasting**
- **Pharmacologic Prophylaxis**

**TABLE 25-1** Fasting Recommendations for Healthy Patients Undergoing Elective Procedures. The Fasting Periods Apply to Patients of all Ages Including Women Undergoing Elective Cesarean Delivery, But not to Women in Labor

Summary of Fasting	Recommendations
Clear liquids	2 h
Breast milk	4 h
Infant formula	6 h
Nonhuman milk	6 h
Light meal	6 h
Heavy meal	8 h (possibly longer) (fried/fatty foods, meat)

# PHARMACOLOGIC PROPHYLAXIS

**TABLE 25-2** Pharmacologic Prophylaxis Prior to Elective and Emergency Caesarean Delivery

	Oral Antacid	H <sub>2</sub> -receptor Antagonist (Ranitidine)	Prokinetic Agents, e.g., Metoclopramide
Elective CS	No	150 mg on the night prior to and on the morning of surgery	10 mg on the night prior to and on the morning of surgery
Emergency CS	0.3 M Sodium citrate (30 mL) Prior to induction of general anesthesia <i>only</i>	Prior to surgery 50 mg IV	
High-risk labor	No	150 mg 6 hourly during labor	



ANY  
QUESTIONS

